



Co-Create Your Success!

Transform ♦ Align ♦ Manifest ♦ Expand



With
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Moving Forward & Planting Your Seeds for New Beginnings!

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WOW and whew! We made it! Mercury goes direct today and it's also a New Moon on the first day of March. Why is this so significant and cool? Glad you asked.



New Moons are a time for new beginnings, a **time to set intentions** for the moon cycle as to what you want to co-create and manifest. Plus it's the first day of March which for us in North America and Europe is the door opening to usher in the warmth of spring. **And Spring Equinox is March 20th which is a time to plant new seeds and move forward into new beginnings!**

The Equinoxes are the seasonal times of **balance and harmony**, when the days and nights are equal in length. The Universe gives us a powerful time to create what we desire. It gives us a time to really commit to and focus upon what we want to accomplish and also review if we are in alignment with what is in **our Divine Order and Highest Potential** for our lives and our Souls. We then see our buds bloom in the summer on Summer Solstice and harvest on Fall Equinox.

March is a **great time to dive into your subconscious to find out what energetic patterns, behaviors and actions block you from having what you want.** No amount of written affirmations or claiming we believe we deserve and want something can manifest our desires, if **underneath we really don't energetically KNOW we CAN achieve it.** It's like a nigger that continuously says not so and no way will it ever happen for me.

One way to ascertain what is going on for us (other than our results – grin!) is to look at the committee that lives within our subjective mind. **This committee is made up our critics as well as our cheerleaders.** It is the **critic committee members** who express and live out in the subconscious which can block us in achieving what we desire, while our **cheerleader committee members** who are the expression of our True selves and free of the past cheer us on to victory. It just depends on who has the louder voice (or the highest energetic vibration) which then dictates our thinking, feeling, behaviors, habits, actions and therefore our outcomes.

In the moment, we decide certain plans of actions, choose our words (sometimes not so carefully or consciously) and can let our thoughts ramble and gerbil on while we may choose to wallow in our past or be a victim to it. **The critic committee members are driven by the subconscious and unconscious programming, and left up to their own devices, can run the show ... they become our weeds which entangle our energies and limit us.** If we're not aware of them or not living in the present moment of what we are co-creating within us and around us, we manifest by default a life that's not what we've envisioned.



As we enter into the **spring season, we have the opportunity to plant new seeds within our minds and hearts, consciously and subconsciously.** We literally can go to the **root cause** of our thoughts, beliefs, feelings and behaviors and change what we don't like and enhance what we do like. We have a **CHOICE** to pull the weeds out so our gardens can grow.

We can look at and identify ...

What is it within our minds that we tell ourselves?

What is it that we believe we can or cannot do?

What are we vibing out and projecting about who we are and who we are not?

What is our life and results showing us?

What subconscious pattern(s) is getting in our way?

NOW is your opportunity to ...

Plant a new seed of thought, word, feeling or action as to what it is that you would like to change or enhance in your life. Create a new root system so that your seed may grow into the bud of the rose you choose it to be. Pull out the weeds of the past and in the subconscious that are choking the life and growth you desire. Envision and focus on the bud blooming into the beautiful rose and diamond brilliance that you truly Are!

What to Do & Explore This Month

Write in your journal daily. Meditate daily and ask for guidance in your meditations as well as in your dreams to reveal the answers to the specific questions you are asking. Meditation and dreams can bring you invaluable understanding and direction from the subconscious. Here are some questions to contemplate:

- What are the seeds that I want to plant? Invest the time to clearly identify and define them.
- Am I willing and committed to water and nurture them i.e. will I do what is necessary to have my seeds germinate?
- What is blocking or limiting me in growing my seeds? Am I willing to do what it takes to eradicate my weeds (obstacles and blocks) once and for all?
- Who and what are my critics and cheerleaders? Inside my head with thought forms, beliefs and perceptions Inside my heart and gut as to what I am feeling On the outside with my words and actions
- Who and what in my life reflect my critics and cheerleaders?

Create a Committee Member inventory – see below.

The Committee Member Inventory

List your inventory in writing. Carry around a notebook so when a committee member is talking to you in your head, jot down the thoughts and expressions of what the member says to you and how you feel. List if she/he is a critic or cheerleader or maybe the member has another name like judge, naysayer or fun patrol, victor?

In a quiet space, when you want to further explore and go more in depth with what you have received, ask the members to come forth and share with you the following:

- 1) Identify the committee member – ask them to share their name and/or image of who they are or what they look like. Are they a critic or a cheerleader?
- 2) Ask what is their function or job and why do they do it? What is their purpose?
- 3) Ask how he/she does their job. What are the phrases or chatter they speak to you about?
- 4) How does the committee member make you feel? What are the feelings they invoke in you?
- 5) What is the payoff for you to continue to listen to the committee member? A payoff is something that you get by staying with the same behavior and action (even if it no longer serves you). An example of a behavior that no longer serves you is keeping drama in your life or living in the past. Your payoff could be seeking sympathy, attention or love. By complaining about it, you may get energized by the buzz of the drama. Or, if you focus on the drama or someone else's problems, you don't have to deal with the Truth or Reality of your own issues or your part in how you co-create your life.
- 6) What does it cost you to continue to be and do the same thing that no longer works or serves you? This could be emotional well-being, health, financial, relationship or career issues, etc.

As part of your spring planting process, I suggest that you join us in [The 5 Ingredients to Create Amazing Relationships webinar series](#). It will help you connect and develop an excellent relationship with your Self as well as others plus much more.

Plus we have the Diamond Power Within™ Accelerator live events coming up and we are expanding to teach them in California and Australia!!! Whoohoooo! The Accelerator is a **powerful and life-altering 3-day deep dive which accelerates your Awareness, Healing, Transformation, Alignment and Manifestations with the use of the cutting-edge technology of The Diamond Co-Creative System™**.

For more information and dates **for USA Accelerators in Michigan and California**, [Click Here!](#)
For more information and date **for the AU Accelerator in Adelaide, Australia**, [Click Here!](#)

Happy planting!

REJUVENATE YOUR SOUL WITH THE DOLPHINS

Co-Creating Divine Union Within

Have you ever taken action knowing within your gut that it wasn't the right time, the right place or with the right person? How about feeling tired and worn out wondering how you were ever going to continue? Have you ever felt like a piece of you was missing? If so, I know exactly how you feel.

For many, many years, I felt utterly exhausted. Much of it was a result of years spent in a corporate life where I didn't honor my Self or the feminine aspect within me. **In order to survive and succeed in a patriarchal paradigm** which has been ours for eons, my tendency was to hold **my Self very male like, more projective and active rather than receptive and quiet**. It was the only example I'd experienced and the only way I knew to succeed.

To my delight (and relief!) I discovered that you don't need to be this far out of balance or disconnected in order to be successful, to get things done or to be happy. **There is a dance and balance you can play in** with your masculine and feminine aspects of your Self.



On a trip to Egypt years ago, I participated in a ceremony in the Temple of Osiris. I experienced within my body the **merging of the Divine Feminine and Masculine thus the state of Divine Union**. I had a concept of what this would be like to experience this, but had never really *felt* it within my heart, mind or body. During this occurrence I sensed the energies in their purest form permeate my cells. After experiencing the actualization of this wholeness, I knew I wanted to 'be' this all the time in all that I am and do.

I was then willing to let go of the imbalances being reflected back to me in many ways ... in my relationship with my Self, my beloved and partner I lived with plus others personally and professionally including my family. So how does this relate to the questions above? The answers lie in the discoveries to follow.

On my return from Egypt, I embarked on a **journey of real intimacy** with my Self. On some level I knew I wasn't deeply intimate with my Self, so how could I be that with another? I asked my Self the following questions ...

How did I perceive and hold my Self in life?

How did I respond in relationships with others?

How did I create the world I lived in?

At this point I was committed to do whatever it took to live the feeling and understanding of Divine Union which I had experienced in the temple. I didn't realize it but that would mean **many people and many things in my life as I knew them fell away, but my conviction to the Truth of my Self was more important than perceived losses or judgments of who I was or wasn't**.

I found the nurturance of the Mother (earth and water) and the connection with the Father (Divine spirit) to be extremely important in the process of balance, rediscovery, reintegration and rejuvenation. Water is a key Mother element in healing our Souls as well as experiencing the play of it all with other beings such as the Dolphins. Water is fluid, feminine and soothing to the Soul. It is also a conduit for connecting, integrating and assimilating which helps us to grow and expand.

As babies we floated in the embryonic fluids of our mothers' wombs, we felt connected and secure. And as we all know, it was quite a surprise as we took our first breath in life and experienced our first initiation into the world as a slap on our behind. Was that how it was going to be from that moment on ... disconnected from our mother by our cord being cut and shocked into reality? It's no wonder that our bodies yearn again for the sacredness of water ... the embryonic fluid of the mother earth.

Until I lived in Santa Fe, New Mexico I had always been by water, not necessarily in it, but just being near it seemed important. Living in Santa Fe, I realized how starved I was for water since deserts are not very conducive to providing lots of water. I went swimming with the Dolphins in Bimini during that time and it enlivened me in the most profound way. Building on the realization I'd had the year before in Egypt, the Bimini trip continued to open my heart and bring in more awareness of the feminine.

The Dolphins are a living example of balance, love, joy and play with a profound intellect that we still don't comprehend. Their high vibrational frequency and the connection between their hearts and minds are evident. You cannot help but meet them at the vibration of love they hold and share. I marveled at the transformation within my Self and with other members of the group on the trip as the days passed by.

There's an **ease, flow and knowingness of all things with the Dolphins.** They allow the experience of the **balance between feminine and masculine.** They intuitively know (feminine) when to be in a quiet, gentle space (feminine) and when to be aggressive and take action (masculine). They know when to be in chaos or fluidity (feminine) and when to be structured or organized (masculine). **They know and vibrate love, joy, peace and harmony ... a balanced state of 'be-ingness, a Divine Union of All.**

Dolphins honor all aspects of themselves and others ... the playfulness and the seriousness. I watched as they came to each one of us, giving us what each of us needed. As an observer, I saw how they ensured interaction with each and every individual and sent vibrations of healing, joy and love to them.



During my first encounter in swimming with the Dolphins in the open ocean, I was both excited and petrified. Between my excitement of being with the Dolphins in their own environment and the uneasiness of swimming in the ocean again, my diving mask and I were having a war with each other.

The Dolphins understood this and knew I could not dive and play with them as others could, so they came up to me and just **floated or swam with me side by side gazing into my eyes.**

One Dolphin in particular did this a couple of times not just for a brief moment but for at least 5-10 minutes each time. In our last encounter, we were just 12 inches apart and as clearly as you would speak to me, he said, "I love you". I was so taken aback that all I could do was immediately say "I love you too". He acknowledged receiving the message with a nod and then was off. It was one of first of many incredible experiences that I've had with the Dolphins over the years of swimming with them!

In 2002, after months of sharing the care of my dying aunt with my Mom and Stepdad, my body and Soul were screaming for water. When my aunt passed I longed to take a vacation to France, but my inner guidance would not let up. My body, mind and spirit wanted water and it wanted it now! So instead I went to Greece (I know, oh darn!) and I spent three weeks in the Aegean seas.

After visiting the waters of Greece and Greek Isles, I felt **fully energized by being connected with the Divine** (or however you describe the Universe or Divine Source) on a different, deeper level than I'd known before. As a result, the experience provided me with an **infinite source of strength** that still moves through me to this day, allowing for a renewed sense of confidence, Universal flow and solid knowingness.

The experience also increased my vibrations and consciousness of feeling love and balance. It heightened and expanded my awareness, intuition and healing abilities plus raised my level of understanding, knowledge and wisdom that I felt within my body. I continue to feel the Divine Union occurring in all aspects of my being with the remembrance and embodiment of my Divine essence.

I attribute my expansion once again to the healing energies of the water. Every day in the water, I felt my body and energy being healed by soaking in the love and joy it had to offer. It **brought intellectual concepts into feeling tones and vibrationally shifted my cells back to Truth and Oneness.** The nurturance of the water was taking me in, surrounding me, flowing through me inside and out. And even though I saw the Dolphins only a couple of times, I could hear them and feel their energy around me. They have many things to teach us both in and out of the water.

So whether in the bath, a hot tub, a pool, a river, a lake or the ocean, call upon the Mother to nurture and heal that which is out of balance in you. Become empowered within the flow of love, grace and joy as you merge with the flow of the Mother's water. As Sekhmet (a Goddess and representative of the principle of purification) had communicated to me in Egypt, **True power lies in love, compassion and grace, not control and sacrifice.**

Plus allow your feminine to guide the masculine to places he has not yet experienced due to the upbringing and encodings held by many. **It is no longer a matriarchal or patriarchal world as we have seen in the past.** Today, we continue to watch these matrixes crumble for they are no longer a valid means to live life ... **we now are called to co-create and live in Divine Union.**

The paradigm shift begins with each individual ... the personal journey of Divine Union within each one of us. Thus a remembrance and activation of our Divine essence in a balanced state of the Divine feminine and masculine felt in all aspects of our Selves. **From this ... there is a freedom to live the Divine outbreak of creation in the form and rejuvenation of our Souls.**

This is why I am so excited about our [Hawaii Mastery Adventure](#) in September in which we will swim with the dolphins. You will have the opportunity to experience any and all of what I have described plus activate your Mastery to reach a whole new level through our Diamond Power Within™ Mastery Modules! The Diamond Co-Creative System™ can help you obtain what you desire quicker and easier. **The Dolphins and I invite you to join us for this amazing and expansive adventure ...**



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Amanda Butler is a relationship expert, specializing in helping people resolve co-dependency issues within themselves, their relationships, their careers. She teaches individuals how to shift the past and their patterns which keep them stuck in the rut of continually creating the same type of relationships and results. Over the last 11 years, Amanda has developed and facilitated powerful systems such as The Diamond Co-Creative System™ and the Diamond Power Within™ programs designed to realign, restore and re-energize individuals so they can create confident, successful and fulfilled lives.