



# Co-Create Your Success!

Transform ♦ Align ♦ Manifest ♦ Expand



With  
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October 2013  
Volume IV  
Issue 9

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## “Patience my \_\_\_\_, I want it NOW!”

As we shift seasons here in North America from summer to autumn, I have been reflecting back on the summer and the good times I had. I remember sitting by the fire when I was camping with Cydney (my golden retriever). There were great times of reflection and insight that came in as I basked in the outdoors. For those of you that have read my recent articles, Cydney passed away 2 weeks ago so the time with her was really special and I hold it dear within my heart.



Anyway, back to the campfire. I was roasting a marshmallow for my S’More (that yummy treat with a graham cracker, chocolate and marshmallow!). When I was young I was so impatient to get the marshmallow done that I would hold it too close to the fire which would set it on fire. I hated burnt marshmallows so I would have to start over again. It took twice or three times as long because of my impatience ... it slowed down the process and my ability to bite into my delicious S’More.

As I was toasting my marshmallow, I reflected how I was now willing to allow the process of slowly roasting the marshmallow so I would have a beautiful golden tasty result. In fact, I enjoyed the process in taking my time and just breathing in and enjoying the moment.

Throughout my journey, I’ve learned that if you try to push too hard to MAKE something happen versus CO-CREATING it, you will most likely not get results you want. If you try to control the process and force your Self, others and situations, then you actually will stall, interrupt and slow down your progress. Letting go of the need to control or know was a challenge.

However, if you let go and take deep breaths letting your impatience pass or even dissolve into allowance then there is a Divine unfoldment and life becomes so much easier. By giving it impatience, you allow your Self to follow the energetic guidance you receive and take it step by step. The result is you are in more alignment with what’s in your Divine order and your higher Potential occurs.

Now you may say, “Patience my \_\_\_\_, I want it NOW!” I know I have but in looking back, I realize any time I skipped a step or tried to avoid it, I always had to go back and do it again which slowed down my process AND progress. I became attached to my result and tried to push the river so to speak. I never got what I really hoped for. In fact, many times it was the opposite which led to more frustration, struggle, disappointment and even anger and resentment which are components of fear.

So why I am bringing this up? I hear my clients so many times say, “ I just want to be done with this (pain)! Why does this need to be so hard? It feels like I am never going to get where I want to be!” or “I thought I already dealt with this, why is this back?”

First of all, you didn't get where you are now overnight ... your pain, upset, dysfunction, behaviors or patterns have built up over the years and even lifetimes. They started when you were young due to the conditioning, programming and what you observed and learned. Then you pile on the experiences you created along the way. Add in the fact that there are probably past lives 'bleeding' through and affecting you. Oh, and add in your genetic and lineage encoding. It's okay, we all have our 'stuff'. It's what you do with it that counts.

With all of that ... you probably look, think and feel like one 'hot mess'. Hmmm ... and you want a quick fix? Why would you have the expectation that your issues that have been running you for years could be resolved overnight? Here's the reality ... you didn't get where you are at overnight so it's not going away overnight and your impatience with your Self and your process will just lead you to more upset. As you can see there are many components to unravel and deal with so there are steps to take.

But here's the good news. When you make the commitment to do so and are willing to do whatever it takes, then you can be done with issues once and for all. And it takes patience, acceptance and love of your Self. This applies to anything in your life ... your healing and personal growth, your relationships, your work, your health, your money. How many times have you tried to go from point 'a to z' without doing the steps in between and then get frustrated and overwhelmed when you don't accomplish your goal?

I know I have. I've had to learn (many times the hard way) that it takes focus, time and energy to get to where I wanted to go. There are times when the results weren't what I wanted and took it personally, judged my Self that I was not enough or did enough, doubted, worried and made assumptions about what it meant about me, others or the circumstances.

Yes, patience was a good thing and I learned how to take one step at a time. I was also happy I discovered the tools that I developed to accelerate my process. The Diamond Co-Creative System™ made it easier and quicker to become aware of the issues and to heal them at the root cause. As I resolved my issues such as co-dependency, abandonment, victimhood, betrayal, it took time to unravel them. But I was diligent in utilizing the tools I had and the results have been the old issues and patterns no longer run my life.

So as I roasted my marshmallow, I became grateful for the journey I have been on. I appreciated the good times and the bad. I found the gift in each challenge. I was grateful for being willing to explore and discover 'why' I did the things I did. I was grateful that I had the System to help me through the tough times and now through the good times to co-create the MORE in my life.

My heart was filled with appreciation and joy that I made my way back to the connection with me and with the Universe. I looked up to the stars and said, "thank you for the infinite possibilities you bring me". I looked into the eyes of Cydney and petted her and said, "thank you for being in my life". It was a good night ...

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If any of what I said rang true for you, I want to personally invite you to attend one of our [Accelerator events](#)! What I teach is the System that profoundly assisted me in my own journey and how to use it on so many different levels. It is a deep dive into Self and the journey is amazing as to what you unfold.

I would not be the person I am today without this technology and the tools it gives you. I have emotional freedom from the past and a deep connection with my Self, the Universe and others. My passion, creativity and intuition was reignited. I am happy, open and fulfilled. I feel confident, empowered and a sense of high self-esteem. I have trust, faith and belief in my Self that I CAN co-create whatever I want. And most of all, I am having fun with life again!

Allow your mind and your reasons of 'I can't because ...' to step aside (that's the old part of you that's scared of change and the unknown). If not now, when? You're worth it!

## 10 is the Number of New Beginnings

October is the 10th month of the year. You may be looking at the year and saying. "Wow where did the year go?" What did I accomplish so far? Am I where I want to be? And you probably say yes to some things and no to other pieces. Well, no worries you can always recommit to what you have not done thus far and to what you want!



**This is the month for new beginnings which can be the new beginning for you to restart and revive the intentions, goals and dreams** you have for you and aspects of your life ... relationships, work, finances, health, purpose, etc. There's a great article on [www.thepowerpath.com](http://www.thepowerpath.com) that explains this so well as to how it's time to reset the button.

Plus this month we have some powerful astrological aspects occurring which always affect us energetically whether you realize it or not. Most importantly, we have Mercury going into retrograde on 10/21 at 6:29am EDT and doesn't go direct until November 10 (another 10!). Remember, Mercury Retrograde supports us with the opportunity to complete the old, the past or projects we've been working on to shift our perspectives, to create a new way of 'b'-eing.

**So how do you want to feel on 11/10?** What is the reset or the new you want to create during this auspicious time?

I am always in awe when I realize the synchronicity of the guidance I was given and how it plays out. Our Accelerator Intensive is from 10/30-11/3 right smack in the middle of this great energy to create change! I didn't know this when I set the dates so I love the confirmation from the Universe when I see these types of 'coincidences'. **It's a perfect time to dive deep and to go where you need to go so you can achieve what you want.**

We have less than 3 months before the new year starts and many are continuing to work on their 2013 goals while others are feeling like this year is over so they've begun focusing on what they want to create in 2014. Which ever you believe, I would suggest to look at how are you energetically aligned with your current desires and the new ones you have for 2014. If you're not energetically aligned (both consciously and subconsciously), you want to find out why and shift it. If you are 'vibing out' the incongruency then you won't manifest your desire. You have an **internal vibrational conflict** and the Universe does not know which order (intention, goal, desire, dream) to fill.

For instance, if you want a loving relationship with a significant other but internally you feel, think or act as if you're not lovable, you're not worthy or deserving of love, you don't even like or love your Self, you constantly judge your Self, you hold your Self in contempt, then guess what ... you WILL NOT attract the kind of relationship you desire because you're 'vibing out' the later. You can apply this example to any aspect of your life (relationship with Self and others, career or business, money, health, purpose, contribution) and the feelings of success, achievement, fulfillment, passion, happiness, serenity, etc.

**So what are you 'vibing out'?** Since this is the month of new beginnings, you can commit to change this for your Self. **Shift the complaint you have of your Self and your life to a commitment** to create something new. I want to personally invite you to invest your time and resources into YOU by attending our [Accelerator Live event!](#)

Allow your mind and your reasons of 'I can't because ...' to step aside (that's the old part of you that's scared of change and the unknown). If not now, when? You're worth it!

### Imagine what it's like to ACCELERATE:

- ◆ **Your ability to become easily aware** of what you're thinking, feeling and believing both consciously and subconsciously.
- ◆ Your **healing and transformation around issues** that continually keep you stuck.
- ◆ Your **success of manifesting** what you truly want in in life and within your Self!

Well, you can. The Diamond Power Within™ Accelerator Intensive helps **address and resolve** that which has kept you stuck, blocked, in pain and conditioned and programmed due to the past and **move you beyond it once and for all!** You will dive in deep and immerse your Self into the **REAL (Realize Energetic Alignment with Love) you**. You will learn and experience this life altering technology and System. Whether you are new to energy healing and personal growth or a seasoned participant, you will experience a **whole new level of your Self and love!** [Click Here](#) to learn more and to register.

### Catching You Up on What's Happened ... A Tribute to Cydney

You might have wondered ... where's the content, the articles I look forward to from Amanda? We apologize for just sending out marketing announcements because our intention is to be of service with valuable content and resources too but we wanted to keep you informed as to upcoming events so thanks for hanging in there with us.

So let me catch you up on what has happened in the last 2 months and even most recently in the last 3 weeks ... personally and in the collective. As you've noticed the energies around us are very intense especially with global issues and for us here in the States, government bickering and shut downs. There are a lot of transitions occurring as well such as change in the seasons, deaths (figuratively and literally), and shifts in ways of being, doing business, doing life, doing relationships.

This is all part of the consciousness shift we are going through to assimilate and integrate the Age of Aquarius ... co-creation, cooperation and collaboration through the fifth dimensional vibration of love, compassion, synchronicity, ease and grace. In order for this to take hold, we all as individuals and as a collective, are required to let go of the past especially if it's not serving us and even if it's familiar and what we know.

Even though what you have is familiar, it probably is not very comfortable for you to stay in it any more (the way you are, your relationships, jobs, homes, finances, etc) but you may not know how or what is possible. You feel stuck in your 'condition' or 'circumstance'. However, none of us can be complacent ... we are being pushed energetically to move forward and embrace the new. If you hold on to the past (your way of being and doing, relationships, jobs, etc), you are probably struggling and suffering at some level. The 'old' simply won't work as is being demonstrated within our own lives and globally.

This brings me to my own process and what has been going on in my life. Within the last three weeks, I have friends who have lost loved ones and I too lost my beloved 13 year old golden retriever, Cydney. For those of you who are pet lovers, you know the pain and heartache this causes. For those of you who are not, you could relate to it if you lost a loved family member or friend. Even though I intellectually know she nor anyone else is ever lost to us because they live on in spirit and in our hearts and it's the cycle of life, emotionally I feel a void.

Cydney was my best friend (and my child in many ways) as most dogs are for people who have them in their lives. She had been with me through thick and thin ... always sharing her love, joy and beauty with me even in the most dire times. Many of you know I went on a camping trip with her the beginning of the summer. We shared very special times together then and throughout the years. I was so energetically guided and pushed to take that trip and I am grateful I listened.



When I found out she had pancreatic cancer 2 weeks ago, I was in a state of shock but also acceptance. I cleared my schedule so I could be with her and find out what she wanted to do. I am grateful for the tools that I have such as [The Universal 'L'](#) and [The Diamond Co-Creative System™](#) because I have learned to connect within and trust my Self and the Universe. It made it easy to trust the guidance I was receiving from her and the Universe rather than listen to other people's opinions.

I was able to hear and know she was complete with this lifetime (and her mission to take care of and love me). She was ready to leave. And I had to ready my Self by letting her go even though I would have loved more time with her in my life. I honored her and her decision by respecting her wishes.

In a matter of a few days, she quickly deteriorated but we were able to spend quality time lovin' each other up. She died on September 25th and looked deep into my eyes as she went. She joined her friend, Sampson (my other golden who died 2-1/2 years ago) at the Rainbow Bridge. He was all round us for the last 2 days and I know he ushered her back to Spirit.

I share this with you because I feel it's important for people to understand that in life we will have love and we will have pain. We live in a world of duality. I would not give up the love I had shared for her to protect my Self from the pain I feel by her passing.

The tools I talked about helped me on both ends of the spectrum. And with them, I am able minimize the length of time the pain because I embrace it and feel it intensely rather than resist it and suffer in it. Riding the wave of the emotion allows for the MORE of life to come rather than living in the past.

I invite you to go where you need to go so you can get to the other side of whatever is occurring in your life that's not working for you or no longer serves you. The number 10 represents new beginnings so allow your Self to create one for your life!

Give your Self the gift of investing in your Self for 3 days and to go where you never have gone before! Whether you are new to personal growth and energy healing or a seasoned veteran, this event will stretch you to your next level. [Click here for more information and to register!](#)

If you know you want to attend but require a payment plan, call me directly at [248-761-9568](tel:248-761-9568) to discuss your options. Don't let anyone or anything get in your way of doing what you know you want to do!

In love and honor of Cydney ...



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*Amanda Butler is a relationship expert, specializing in helping people resolve co-dependency issues within themselves, their relationships, their careers. She teaches individuals how to shift the past and their patterns which keep them stuck in the rut of continually creating the same type of relationships and results. Over the last 11 years, Amanda has developed and facilitated powerful systems such as The Diamond Co-Creative System™ and the Diamond Power Within™ programs designed to realign, restore and re-energize individuals so they can create confident, successful and fulfilled lives.*