



Co-Create Your Success!

Transform ♦ Align ♦ Manifest ♦ Expand



With
Amanda Butler

March 2013
Volume IV Issue 4

The Universal Laws of Divine Union & Polarity

Divine Union

Have you ever wondered why your life is out of balance? Why tasks and projects are a struggle or never seem to be completed? Why your relationships don't really work for you? Are you unhappy and unfulfilled in your life and/or career? Have you felt like something seems off, not operating in sync and not connected? If any of these questions apply to you, then I invite you to consider the dynamics of your energy within.

The Universal Law of Divine Union can answer so many of these questions and provide you with solutions as well. Remember, everything is energy and you in turn are a combination of energetic patterns and dynamics. Divine Union is actually two-fold. First, the union is between you and your 'I AM' Presence – your Divine-cell consciousness, and second, is the union of Masculine and Feminine energetics within you. There actually is no separation between you and Divine Source, spirit and matter, Father Sky and Mother Earth. However, due to past pain and conditioning, most people believe in or feel separation rather than a sense of Oneness.

Divine Union requires this connection of Oneness and a state of honoring your Self and whomever or whatever enters into your life. With this honoring, a magic occurs that allows you to feel the Divine Source connection and its Divine Love and acceptance, free of conditions and attachments. Divine Union occurs and pours within your energy field and into your bodies of consciousness . . . physical, emotional, mental and spiritual.

As you release and heal your fears, traumas, wounds and pain, you transcend separation and begin to truly become the Divine Union within. All bodies begin to work together rather than try to keep you safe, secure and protected. You begin to trust the connection and synchronicities of the Universe within your life. Your patterns of fear becomes something of the past and Divine Union takes its place and develops into a sustainable way of being.

The second part of Divine Union is the understanding of masculine and feminine energetics. Just as we see in Nature the genders of male and female, so do they exist within us and within every creation. We each hold masculine and feminine energetics that result in the qualities and vibrations of who we are. If the masculine and feminine are in competition with each other, not trusting of one another, not communicating or connected with each other, or not working and co-creating together, then we are out of balance. For balance to occur, Divine Union is necessary.



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Our Mission

We are of service to inspire & teach new systems which create Empowerment, Thrival & Diamond Life™ Success.

Notice the qualities of your relationships around you whether it is with a Beloved, friends, co-workers or merely someone walking down the street. It does not matter if the relationship is female to female, female to male, male to male, or male to female, both aspects of the masculine and feminine are present. Observe and watch the dynamics of your relationships. Is there conflict, fear or just plain unhappiness with others? Are your relationships flowing, smooth, loving, joyous, prosperous and free of pain or is there the need for power, control and/or protection?

Your relationships reflect back to you what is really going on within you. These reflections are your clues and the indications of what is out of balance. They show you the energetics that needs to be addressed and desire to be healed within your bodies of consciousness. This is especially true if you are in a Beloved relationship since we tend to draw in the person that will help us to correct the imbalances of the masculine and feminine within. This also applies to all relationships whether you are straight or gay. If you are not in a Beloved relationship, then observe your other significant relationship(s) including those within your family, career or workplace.

Polarities

The Universal Law of Polarity shows us that everything is dual and has poles. All are its pairs of opposite and the opposites are identical in nature, but different in degree. For example, the energy of love is really the same energy of fear but it is the degree in which it is perceived and felt. One can be hysterically crying, and in the next moment be hysterically laughing. The actual energy from which originates is the same, it's only the degree of the vibration in which it is experienced that differentiates the perception and label of it. It is how we choose (consciously or subconsciously) to perceive the experience of the energy.

Everything has polarity and without the Law of Polarities, light, dark or electricity, magnetic or expansion, denseness could not exist. Each energy has its polar opposite effects. The Law of Cause and Effect is closely connected to this Law. The cause will create an effect. The fundamental patterns of nature exist in balance and it will continue to adjust itself to create the balance within itself. For example, the swinging of the pendulum is representative of this balance. It will always return to where it began . . . in the middle. The balance is created by swinging to the right, then to the left, and eventually come to rest at center point, the balance point.

Now what does that have to do with our lives and creations and how does it affect them? It has everything to do with it! Let's begin to understand it through the co-creative process of the feminine and masculine energies. They are polar opposites of each other. We cannot create one without one the other. We may be out of balance within each of the energies on some level but both aspects of the polarities are required to manifest form i.e. thought + feelings.

As within the Law of Polarities, neither the masculine or feminine energies are more or less important, and both must be present. Again, one could show up more than the other due to the past and conditioning, programming, or patterns. But each does have their own power and strength and to maximize the potential of your creations, a blending of both as well as an honoring, acceptance and respect of what each brings to the table. In the true balance of nature, it is not a paradigm that the feminine energy is less than or weaker than the masculine or visa versa. The qualities and aspects they both contribute and the level in which they do it is the key to your success!

You might have realized by now that the energies of the masculine and feminine live within you. It is not that we are just male or female as a physical human beings but the energetics of both live within us. You could say that you have your own male/female dynamic that is occurring within you and ideally a sacred marriage, Divine Union can be created between these aspects of your Self.

When there is a loving, compassionate, supportive relationship within your Self, it is a reflection that the masculine and feminine are realizing a beautiful dance, weaving together their energies and honoring the mastery of each other. It is the merge and emergence of Divine Union and balance. And as we know, that is not always the case.

When we are not embracing, loving, honoring, accepting and respecting what each of the aspects brings then an out of balance occurs and the outcomes are less than ideal. We will not reach our maximum potential and definitely not enjoy the ride if we are not acknowledging the contribution each aspect provides within the co-creative process of our life and co-creations.

We have seen this show up time and again when someone is only allowing the masculine to dictate their lives. They have difficulty with emotion, they do not follow their intuition, they are always on the go, and must be doing something all the time but not necessarily achieving their desires and goals. They may be close-minded, rigid and structured. And they definitely are not having fun! Plus most likely their male/female relationships probably are not working and are very dysfunctional with power and control issues at the forefront. There is a neediness and co-dependency looking for love and acceptance (in all the wrong places) as well as on a 'hunt' to create safety and security at all costs including sacrifice of Self and others.

The opposite affect can also occur if the feminine is in control. She could be in the midst of gathering lots of information, very emotional, so expansive that she's not grounded. Since she is not the aspect that creates form, more and more chaos and lack of manifestation occurs. The male gets frustrated because he cannot 'do', provide or protect which are his functions.

Trust is essential to build between the female and male so as the feminine can gather information, receive inspiration and ideas from within and with spirit, listen to her intuition, then these are handed off to the male for him to organize and shape the energy into structure and form. The ultimate is when the feminine and masculine are in a place of cooperation, collaboration and co-creation, then magic and miracles occur in each moment and each day. Both the masculine and feminine are inspired, motivated and energized as well as love, admire and adore the mastery of each other as well as their unique talents, abilities and attributes.

How do we do this? Just as in our relationships outside of our Self, we must be open and honest to have authentic communication within our Self. Each aspect needs to take ownership of where they are at individually as well as collectively. They must claim their responsibility for what is created and hold themselves accountable for the manifestations that occur. In that, they can release blame, victimhood, martyrism and judgment about themselves and the other. If each aspect of our Self is not honest with itself, then it cannot be that with the other, which you will also notice to be true in all of your relationships by some degree or another.

When each aspect calls itself on what is true for them AND claims its power, responsibility and accountability, then there's a weave that occurs and Divine co-creations prevail with an ease, grace, synchronicity and flow. It is truly coming from your inner sense of empowerment when you discern what is working and what is not, not only between the masculine and feminine but also as a collective and the outside reflection with others.

Thus the balance of the polarities can be achieved and the pendulum can come back to a place of peace, serenity, fulfillment and contentment. It's your choice to consciously choose to create the magical merge of the Polarities within a powerful, masterful weave and dance of co-creation!



March ... The Month of Awakening & New Beginning

As we enter into the month of March ... it's like the lion awakening from his nap, yawning, stretching and surveying the scene around him, or as the bear peeks his nose out from his cave to see what's going on after months of winter slumber. The energies of March give us a chance to awaken too. We are supported to look around for ourselves and determine what new seeds we want to plant as spring arrives on Spring Equinox.

With Mercury still in retrograde until March 17th, we have the prime opportunity to revisit places in our lives and relationships that may not be working out in the ways we desire. Or it may be time to move on or complete a project that is long overdue. Or it's time to put an end to living and creating from the past which you may have been doing subconsciously for days, weeks, months, years, decades or lifetimes.

We also have the energies of Easter and Passover this month, which is an opportune time to allow your Self to stop persecuting your Self and others for the past or what you no longer believe to be true. Will you commit to end the pain and suffering in your heart, mind and soul? Will you let go and plant the seeds of forgiveness for what no longer serves you by staying in the beat-up, judgment, anger and resentment of the past with your Self or others?

Can you let go of your identification that you hang onto which is hooked into the past, so you can be awakened to the 'real' you ... that which is love? Remember what Jesus said from the cross, "Father, forgive them; for they know not what they do." Can you allow your Self and others to come down off the cross and release the persecution that has prevailed for far too long?

What if today was your loved one's last day here on earth, or for that matter, your last day? How would you treat your Self, your loved one or another differently? Would you let go of past pains, worries, judgments, dramas, traumas or ill will towards your Self or another and be able forgive? Would anything from the past *really* matter?

Understand forgiveness is a choice. Forgiveness is not about condoning what happened; it is about accepting what is, is. It's about learning, healing and growing so you can create something different and new. Without it, you cannot move on. It creates the pristine inner space (of love, hope, trust, faith, etc.) to bring in what you desire rather than it full of muck.

Will you allow your Self to receive love, acceptance, compassion and grace? No matter what has happened in the past ... 'mistakes', 'failures' or what you or others did/said or did not do/did not say ... you and others are worthy and deserving of forgiveness and love. This month's energies are here to support you to move beyond the past!

Imagine waking up one morning and there is a glow about you and within you. You can feel the burdens of the past have been lifted and the heaviness of your heart has been lightened. You no longer are filled with pain, grief, anger or resentment and your spirit feels free to live once again. You feel an energy which allows you to love and create from the brilliance within you ... your Divine Essence!

March gives you this opportunity. You can awaken and plant your new seeds and tend to them with love and nurturance to grow strong and anew. As Jesus arose from the dead, so can you be resurrected. And so can you let others and those you are in relationship with, regardless of what type – personal or professional. Remember **any** relationship is **every** relationship.

[Check out our Blog](#) which talks about this more in-depth.

At the Oscars, Ben Affleck during his acceptance speech and at the interviews afterwards, kept talking about letting go of grudges and moving on so he could reach out to the people he needed to in order to get *Argo* made. He allowed himself and others to get out of a box he was keeping them in. In doing so, he opened up numerous pathways to co-create success.

AND look at the *magic* he co-created as a result of his letting go and forgiveness process. He made a significant and great movie which told a story about belief, faith and perseverance. He was also acknowledged by the Academy and won the Oscar in the midst of many other powerful nominated movies. Ben Affleck became a [Relationship Alchemist!](#)

And you too CAN be an Alchemist in your own life! You CAN spring forward and awaken to the truth of you ... you are love and a powerful creator. You CAN awaken to the awareness of what you truly desire and choose to focus on creating the new. You CAN build on what does work and what you DO have and refine it so you can receive even MORE! You CAN use the warmth and the sunshine to grow and shine brightly into the expansion of your new 'season'. Happy Spring and let it be yours to spring forward into whatever it is you desire for you, others and your life!



They Say "The Truth Will Set You Free"

Yes, it CAN ... free from the past, free from the things unknown and free from the denial of what's true for you. In working with hundreds of clients and those with co-dependent issues, I see **it is essential to address and resolve DENIAL. It is key to their healing and recovery.**

When you deny what you are feeling by ignoring or stuffing the emotion, then you deny what's going on within you and around you. Emotions are your gauge to alert you that something feels good, something feels off, something feels terribly wrong. They are your internal guidance system to let you know, "hey, this isn't working for me" or "I don't like what's happening with this person (or situation)." When you deny these feelings, you disconnect from your Self and you become out of touch with you, others and reality.

Denial can show up in many ways:

- ❖ When you feel a little nip with an 'ouch' here and there because of the way someone treated you, how they talked to you, what they tell you; maybe it's disrespectful, hurtful and even emotionally or verbally abusive, but you say to your Self, "Oh, it doesn't really matter, that's just who they are or they're having a bad day." You make excuses for them to your Self and others.
- ❖ When you keep doing something that you don't want to do even if it's even out of alignment with who you are, your values and what you don't want to do. In the long run you become angry and resentful (not really toward them, but with your Self).
- ❖ When you bury your head in the sand and don't want to look at your Self, your relationships, your work, your health, your body, your finances because you are fearful of what you'll find; you subconsciously hope and pray it will all go away.
- ❖ When you continually say you're fine and okay but you're really not; you're crumbling on the inside and feel disconnected, out of sorts and desperate for love, acceptance and approval from others so you can feel better.
- ❖ When you use food, alcohol, drugs, shopping, sex, drama, work to help you relieve the pain, despair or depression smoldering underneath so you can temporarily feel good.

These types of denial lead to creating co-dependent traits of needing to be in control, being obsessive about people and things, lacking trust with Self, your decisions, others and the Universe. There's an inability to connect and communicate with your Self and others. All of this contributes to your formula of low self-worth.

You become the 'people pleaser'. You worry more about what others are going to think about you, what their opinions are, if you disappoint them or if they get angry at you, than taking care of your Self and what's 'right' (in Divine Order and alignment) for you. It skews what's really happening for you.

You lack clarity and seem to be in a fog about people and situations. You lack the ability to set boundaries because you no longer know what you like, want or what's good for you. You do and say things which are not in alignment with you. It sucks you dry and gets in the way of your connection with the feelings of love, joy, creativity and passion.

Denial is a powerful energy and it takes over your mind. **The mind believes it's protecting you and keeping you safe by denying what's truly going on and what you truly feel beneath it all.** It creates thoughts and beliefs which supposedly serve and help you. The mind could make an argument for either side of the coin, depending on how it's trying to manipulate the outcome. It ultimately **makes decisions based on ... 'shoulds', other people's opinions, people pleasing or out of obligation, owing, guilt and shame.** All of these are fear based.

Think of your feelings like the roadways of your map. They lead you to understand who you are and why you do the things you do. They give you direction ... north, south, east, west. They tell you if you are headed in the right direction or if you are headed 'south' so to speak ... entering into a construction zone, a dead end which will lead you down the road towards unhappiness, dissatisfaction, lack of fulfillment.

Most of my clients have to reconnect and rediscover their feelings. They have operated for so long on automatic pilot numb to any feeling at all, so that it's unfamiliar for them to feel. Once they feel the emotions again, they tend to love it even if it's a 'negative' feeling such as hurt, sadness, anger, upset. At least they're become aware of it and now have the power to change it. Without the feelings, you have no power because you don't know the truth. You will only have dysfunction because the truth is hidden and you operate on falsehoods.

So yes, the truth WILL set you free! Feel the feelings. Embrace the feelings. Accept the feelings. Change what CAUSED the feeling if you want to feel something different. Or BUILD upon the feeling if you like it and want MORE!

Take our [FREE Co-Dependent survey](#) and see how you score in the categories of Denial, Control, Obsession, Self-Worth and Boundaries. It will give you clues as to what's running you and if you allow for your emotions to be your guidance system and roadmap. And remember, with awareness comes power.

The results will just show you what is, is – it doesn't mean anything about you except maybe your patterns are not conducive for you to create what you truly want in your life, relationships, career, health, finances and so on. It's all directly related. Let the truth show you how ...



Amanda Butler - Founder & CEO (Chief Energy Organizer)

Support@CoCreateYourSuccess.com

800-435-3024

Amanda Butler is a relationship expert, specializing in helping people resolve co-dependency issues within themselves, their relationships, their careers. She teaches individuals how to shift the past and their patterns which keep them stuck in the rut of continually creating the same type of relationships and results. Over the last 11 years, Amanda has developed and facilitated powerful systems such as The Diamond Co-Creative System™ and the Diamond Power Within™ programs designed to realign, restore and re-energize individuals so they can create confident, successful and fulfilled lives.