



Co-Create Your Success!

Transform ♦ Align ♦ Manifest ♦ Expand



With
Amanda Butler

April 2013
Volume IV Issue 5

April ... An Opportunity for Resurrection & Rejuvenation

We are in the midst of a transition on many levels ... winter to spring, separation to unity, fear to love. Energetically we are being 'pushed' into healing and transformation due to the astrological elements and evolving consciousness into the Aquarian Age.

It actually is an exciting time in which you can manifest what you heart has desired. But usually with shifts comes change. If you resist the changes that are being required, then they will persist until you take action.

So what is it within you that is being called forth to resurrect ... your Self, your aspirations, your dreams? What have you buried so deep due to pains of the past, concerns of 'what ifs' or distrust and disbelief that you can or it can be so?

We are all being called to action to rebalance and rejuvenate into the True nature of ourselves ... love. When we have faith, trust and belief then all things are possible, but we, as human beings, at times get lost along the way. We let what we perceive as the real truth ... not enough money, not enough time, not enough resources, etc. as the only reality. We focus on what we don't want or have versus what we are committed to creating. When we are committed and willing, it begins a process which works to create even more of what we want. However, many times we allow our lack and discouragement distract us from believing in ourselves and trusting the Universe.

We ARE being supported by the Universe to evolve. For many, this also means the past must be healed so you can come into alignment with the Aquarian Age we are now living within. The Aquarian Age is about unification and equality which occurs through co-creation, collaboration and cooperation. BUT to achieve this with others, we must first begin with ourselves. Are you in cooperation within your Self or in conflict? Are there parts of you which believe in your Self and your dreams while other parts don't? Do you argue for your limitations or for what's possible?

This spring, let it be a time to be inspired once again. Let your Self resurrect your desires. Let your Self be rejuvenated in the springtime's bright sun and warmth. Let your Self feel what it feels like to be alive and passionate once again.

"THE FIRST STEP
TOWARDS GETTING
SOMEWHERE IS TO
DECIDE THAT YOU ARE
NOT GOING TO STAY
WHERE YOU ARE."

UNKNOWN

IN THIS ISSUE

- 1 April ... An Opportunity for Resurrection & Rejuvenation
- 2 It's Time for a Cosmic Reboot!

Our Mission

We are of service to inspire & teach new systems which create Empowerment, Thrival & Diamond Life™ Success.

Here's how you can resurrect and rejuvenate your goals and dreams:

- ❖ Define what it is that you truly desire. Unbury and resurrect the goals and dreams you once had. Determine if they are what you still want. If no, then ask your Self what your new or revised goals and dreams are now despite what is going on around you.
- ❖ Describe what it means to achieve your goal or dream. How would your life be different, what would it look like? What would it feel like? Be very specific and REALLY stretch your imagination. I like to think of Carrie Underwood who had never been on a plane before she went on American Idol 8 years ago. Now, she travels the world and lives her dream of singing to millions.
- ❖ As you envision living your goal or dream, REALLY feel the feelings. Build upon what you can feel. Maybe you can't feel all of it or even believe it could be so, but feel what you're able to even if it's only a spark. You can then use the spark and add fuel to it (step 4) to create a roaring fire and warmth in your heart.
- ❖ Focus on what you do want as what you focus on expands. When the doubters, naysayers, disbelievers (both those within you and outside of you) start chattering, give them new jobs ... cheerleaders, supporters, believers.
- ❖ Trust your Self. To build trust within you, begin with gratitude of who you are and what you currently have. Gratitude builds faith, faith builds trust and trust builds belief. Look to your Self, not to others to build this within you; this way your love, acceptance and self-worth is secure within and it doesn't matter what others think or feel about you.

NOW is the time to answer these for your Self. Use the energies we are being given to thrust forward, walk your talk, take on challenges and new endeavors. Co-create your expansion by standing in the authority of you, asserting your Self and empowering your Self! We see it being done so for you!



It's Time for a Cosmic Reboot!

As you review your life: Are you happy? Are your relationships loving and fulfilling? Do you have the type of body and health you want? Are your bank accounts full? Have you attained the goals and dreams you desire?

If the answer to any of these questions is NO, then it's time for a Cosmic Reboot!

Most people wait until crisis (accidents, death, health problems, financial struggles, work issues, relationships in dire straits or break-ups) occurs, or they just can't stand what's going on within them and around them and they say, "I'm so done with this!" before they take action to something about it.

People let the pressure build like a pressure cooker with no valve to release their frustration, unhappiness, anger, discouragement and dissatisfaction. They choose to ignore their problems or what they don't like, rather than choosing to address it.

Think of it like a computer. When its programs don't work, the computer cannot operate at optimum levels and the output – or the results are less than optimal. The operating system may have bugs in it which get in the way of the computer operating at maximum potential. Your thoughts, feelings and beliefs which create patterns are the bugs in your own internal programs.

When a computer's hard drive crashes, it needs to be restored. Typically, there were signs that something had not been operating correctly on the computer and we'd ignore them, just as we do with the signs in our own lives. As human beings, we have the opportunity to do a Cosmic Reboot.

What is a Cosmic Reboot? Well, take any of the things that you don't like or don't work in your life and relationships and start to look at how the computer within you is programmed. Do you operate through fear, survival or the past OR do you operate through love, thrival and the present?

The clue in your diagnostic is ... if something is not what you want or like, then there is a bug in your program. The bug is usually the conditioning and the programming from the past which has created patterns of separation from your True Self and your Highest Potential.

Just like a computer, we then have to defrag, clean the hard drive and change any programming that no longer serves us. This 'rewiring' process is done through energetic healing and re-patterning. You may have a manual (your intellectual understanding) as to how to operate the computer, but until you take action to change the energetic patterning so you can feel and know what's true for you, you will continue to get the same results. Garbage in, garbage out.

You are the operator of your computer. You are the alchemist in your life. You have the ability to change anything and any circumstance BUT only if you decide you want it and do the energetic re-patterning to obtain it.

It's always an inside job, not an outside job. It's not about changing someone else or changing jobs, it's about changing YOU on the inside because you're the one that's the constant in all of your relationships. And any type of relationship ... the one you have with your Self, with others, with your career, money, health, body, etc.

Have you ever had a computer on the fritz and the gyrations you have to go through so it works? Wasn't it frustrating and aggravating? How much energy did you spend on working around the problem versus dealing with it head on and taking it into the computer store to get it fixed?

Here are 4 easy steps to help you with your internal computer & your Cosmic Reboot:

- ❖ Make a list in any area of your life of what you like and what you don't like, what works for you and what doesn't. Keep judgment out of it ... just the facts ma'am.
- ❖ Identify how it makes you feel both of what you do like and what you don't, what works for you, what doesn't. Write down what your thoughts and beliefs are around it.
- ❖ Take the [Co-Dependency Survey](#) to find out what may be a part of your operating system which has been developed from past experiences, programming and conditioning.
- ❖ Let your Self and others outside of the box. Choose to let go of your stories, your pain, your wounds. Forgive and heal the past so you can change your patterns and find a methodology that works for you to help you through the process. If you want assistance to look at options, feel free to [schedule a complimentary 15-minute consultation](#) with me.

It's your time. It's time to resurrect your aspirations, goals and dreams. It's time to throw the garbage out and reboot your Cosmic system of creating all that you desire and MORE! It's time to take action today and operate at the Highest Potential possible. If not now, when? It's your choice!

“Who you are and what you know when you are born is everything that you need to know to thrive. You are born with a sense of self and a sense of wanting self to feel good and the mechanisms to bring it about.” – Abraham



Amanda Butler - Founder & CEO (Chief Energy Organizer)
Support@CoCreateYourSuccess.com
800-435-3024

Amanda Butler is a relationship expert, specializing in helping people resolve co-dependency issues within themselves, their relationships, their careers. She teaches individuals how to shift the past and their patterns which keep them stuck in the rut of continually creating the same type of relationships and results. Over the last 11 years, Amanda has developed and facilitated powerful systems such as The Diamond Co-Creative System™ and the Diamond Power Within™ programs designed to realign, restore and re-energize individuals so they can create confident, successful and fulfilled lives.