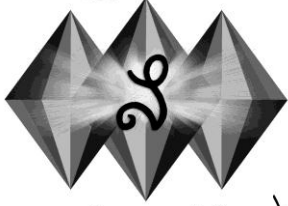


Keenawah



Co-Creative Spirits Merged As One

Connecting The Dots .-.-. Create & Live Your Diamond Life!

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AMANDA BUTLER - SPIRITUAL NAVIGATOR

Tel: 248.350.8997 Fax: 248.350.8993

Email: keenawah@comcast.net

*This Monthly Newsletter
Connecting The Dots .-.-.
is committed to revealing
& sharing the secrets
& creative processes of the
Universe & how it offers you ways
to remember your True Self & to
fulfill your Highest potential
through the dots that connect
optimal health, wealth &
prosperity on all levels. It will give
you insights & practical tools to
expand your awareness,
consciousness & opportunities
to create the Diamond life
you desire!*

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Conscious Choice:

Bridging & Weaving the Physical & Spiritual Together

By Amanda Butler

Conscious choice. Conscious choice is learning to bridge and weave the physical and spiritual together. It is not just talking the talk but actually walking in the spirit of choosing to live life consciously. In these times, we are in the midst of expanding our minds (masculine energy), becoming aware of our feelings (feminine energy) and uniting the two to become One (the Divine) within.

Whether a person is aware of or not willing to accept, we are each responsible and accountable for what we create in our lives. We are the co-creators in all that is manifested. We co-create with God, Divine Source, Great Spirit, or whatever name you wish to give the energy that is of a Higher Power within the Universe. This energy is that of Divine Love, the love free of all conditions.

This monthly column is dedicated to sharing the Universal Laws and spiritual principles by giving you practical applications on how to incorporate them in your every day life. It is not about religion but how to live life in the spirit, 'be' love, and create within your Divine Essence . . . by remembering and bringing forth your True essence in that you Are and Do. It is about 'be'-ing co-creators with God and creating within the vibrations and power of Love, compassion, acceptance, harmony, joy, Truth, Wisdom, prosperity, and abundance.

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What's Holding You Back? Try Patterns Interrupt-a!

You have a cellular memory that retains the impressions or what we call Imprints from your life and lifetimes . . . experiences of the past, conscious and unconscious thought forms and belief systems, DNA/RNA encodings from your family lineage, influences from cultures and societies . . . all positive or negative (or better identified as in or out of alignment with love). These imprints create energetic patterns that, directly and indirectly, control behavior (thoughts, words, feelings, and actions), decisions, and manifestations.

You have come to heal the patterns that are out of alignment with Love and your True Self – your Original Essence or what we call your Original Divine Blueprint. These patterns are unresolved or incomplete energetics that

Please see Patterns Interrupt-A on Page 4

Continue Conscious Choice from Page 1

In each and every moment we have the opportunity to consciously choose. Choosing consciously is being totally aware as you make a choice. There is vibrancy to life rather than numbness. In consciousness, you have an inner sense of knowing and feeling what is motivating you. You have the choice to follow spiritual values and principles in which you feel guided. If you are within the vibration of love there is a connection with your True Self and God and you feel the choice within a richness and authenticity. When you are making the choice based on unconscious motivations caused by the vibration of fear due to old pains, wounding, traumas, negative patterning and programming, there is a sense of lack, disconnection, and falsehood.

Through conscious choice, you will know and feel the choice you make and whether or not it will serve you and others in the highest order. You may still choose to make a choice that is based on fear but at least you are conscious of what you are doing. For example, I am very aware that when I eat sugar, it negatively affects my energy and body. It takes me off center, my mind and emotions get cluttered, and I usually crash a short time after eating it and feel the affects for hours. However, there are times I still choose to eat that yummy candy bar because it satisfies an emotional need or even chemical/biological body needs I may have. I know it and I accept the consequences in doing so. I make the conscious choice to eat it or not to eat it.

Through conscious choice, we make agreements with our Selves and God. We choose what works for us and what does not and lay a foundation based on love or fear. I remember reading the book, *The Four Agreements* by Don Miguel Ruiz, believing I had a pretty good handle on my sense of integrity, goodness, and love with my Self and others. As I read the book, I was really honest with my Self and looked more in depth into my life to discover I still had more work to do.

To this day, I continually explore the depths of what really drives me, motivates me, and inspires me in all aspects of my life and what is my relationship with my Self, God, and others. If I do not like any aspect of it, then I look at what is it that I am choosing and what can I do differently to create a change. I hold my Self responsible and accountable for what is showing up or how I am showing up in my life. The truth is we have always been responsible and accountable; it is just whether we have acknowledged or accepted this fact of creation and life.

As you go into the next month, and as we have entered into the Fall Equinox season, that of reaping your harvest, look at your guiding values and the four agreements you are willing to make with your Self and God. And know as you make them with your Self, they are also made with others. In numerology, 4 is the number of foundation, organization, unity, and stability. What is the new foundation, the new paradigm that you wish to create and live in for your Self and with others?

Within in my work, my tagline is *Create & Live Your Diamond Life!* In esoteric teachings, the energy of the Diamond is representative of your God Cell Consciousness. It is your Divine Birthright to create within your True essence, so make the conscious choice today to claim it and be it! Blessings to you all and until next month . . . ***remember choose consciously and live life in your spirit!***

The energy of the Diamond is within you - it is your God Cell Consciousness which is your Divine Essence.



The Chalice Energy Form opens you to receive from the Universe & to give free of conditions to your Self & others. The Blue Diamond radiates the Divine Truth of who you Truly Are & your expression in all that you do.

Beyond Ordinary Health A New Paradigm of Rainforest Nutrients for Extraordinary Health

Beyond Good Business A New Future for the Amazon Rainforest & You

Beyond an Ordinary Life! A New Blueprint for Your Fullest Expression of Life

Good News for Our Bodies!

Creating balance on all levels is the only way to truly have holistic health. As we know our physical health is a reflection of what is occurring within our other bodies of consciousness . . . mental, emotional, and spiritual. We also need to nurture, supplement, and take care of our physical bodies . . . they are our Temples. In our busy lives, we do not necessarily take care of ourselves the way our bodies needs us to . . . eat nutritious foods, exercise, sleep, meditate, to name a few. In addition, most of us do not understand the environmental impacts or our biological and chemical natures and its processes.

During my personal quest for health as well as dealing with many respiratory issues, I discovered Amazon Herbs. After being ill for many months and using other alternative healing remedies and even antibiotics, my health shifted when I began to take Amazon Herbs and a new product, Pure Camu. The results were amazing! Check out the products at .keenawah.amazonherb.net.

All of us need supplemental support due to not eating properly, foods not having enough nutrients we really need, and us generally not taking care of ourselves. Our physical bodies hunger for the support that these herbs can give us. I now suggest to most of my clients that they look at these herbs as a possibility to bring their bodies back to and maintain holistic health. By taking care of the physical body, the mental, emotional and spiritual bodies can be brought into optimal health and better able to retain vitality and balance.

You're Invited to a FREE Rainforest Open House . . .

Experience the Amazon Rainforest Herbs for Health, Well-Being & Skin Care!

Wednesday, 10/18, 6:30-9:30pm and

Come to our Holiday Open House on Saturday, 11/4 or 12/2, 1-4pm

Start early with your holiday gift shopping!

Arrive any time during the open house hours.

All Held at: 22475 Nancy Ave, Southfield MI 48034

Take time out of your busy life to

Explore & Feel the Amazon Rainforest Herbs By . . .

- ◆ Viewing the Rainforest Mission and trying the herbs with our Open Herb Bar!
- ◆ Experiencing our Rainforest Spa & Wellness with concentrated botanicals to help you Renew, Restore and Revitalize your energy and health.
- ◆ Learning how our herbs help combat the 6 most prevalent modern lifestyle and life stage challenges.
- ◆ Enjoying healthy beverages and chocolate that you can enjoy throughout the day that assists in bringing back and maintaining your health.
- ◆ "Shaking it Up!" with Pure Camu—a pure form of this incredible fruit.
- ◆ Feeling Lluvia Skin Renewal System—natural skin care prepared from carefully selected and formulated Rainforest botanicals.
- ◆ Being the first in this area to learn about Amazon Herb Company's cutting edge vegan Liquizons—ancient Rainforest wisdom infused in each capsule!



Create freedom & transform your life through holistic health on all levels physical, mental, emotional & spiritual!

You can make a difference for your Self while making the world a better place by developing a system of distribution to reach as many people as possible to improve the health of humankind PLUS save & preserve the Amazon Rainforest while supporting the indigenous people. Ask how you can make the difference & contribute to your Self & the planet!

Continued Pattern Interrupt-a from Page 1

create issues in your life. They are the challenges and lessons that have come to you to address and they will intensify until you do so. They affect you physically, emotionally, mentally and/or spiritually. Once you become aware of and recognize your patterns, you can now heal them at a core causal level! Thus the patterns are interrupt-a and resolved completely!

◆ Patterns Interrupt-a Workshop Series

Taught by: Amanda Butler

Each month we will be identifying and healing key patterns within your different bodies of consciousness . . . physical, mental, emotional, and spiritual. You will receive tools and techniques to assist your healing process and transform your life! Optimum results will occur if you are incorporating the Amazon Herbs as part of your protocol and tool box to shift all aspects of your life.

Go Beyond An Ordinary Life!

Wednesdays, 7-9pm

October 4 – Physical

November 8 – Mental

December 13 – Emotional

\$25 Each Night or \$65 for 3-Night Series (Save \$10!)

Held at: Golden Ray, 16000 W. 9 Mile Rd, Suite 600, Southfield

Call to Register at 248.395.5235 for this Workshop Series Only

Wholeness Two Day Retreat: Facilitated by Amanda Butler & Dr. Keefa Lorraine Weatherspoon

Date and Cost TBD – Stay Tuned!

For More Information & To Register for Workshops Or Schedule Personal Energy Sessions, Readings or Spiritual Coaching, Contact Amanda at 248.350.8997 or Email: keenawah@comcast.net

www.stellargaia.org



Ask about how you can SAVE on Monthly Packages or to Order Today Your Healing Present & Past Life Energetics CD Limited Time Offer Only \$25 (Value \$150)!

◆ Healing Present & Past Life Energetics

A one day workshop that guides you in exploring and discovering present and past life energy patterns. Learn profound techniques to regress to the past and heal the energies that block and limit you from manifesting the dreams and life you desire. Find out how to live in the now!

Saturday, 10/14, 10am-4pm, Farmington

\$75, Receive Bonus CD (Value \$150) if Register by 10/1

◆ Healing With Diamond Power Meditations

A wonder-filled and experiential workshop that shows you how meditation can make a positive difference as you include it in your daily life! Amanda guides you in learning how to use the power of meditation to create a brilliant Diamond life. Unique meditations are used, beginning with the basics and expanding into an exploration and redesign of your life and spiritual practice.

Sunday, 10/15, 10am-5pm, Farmington, \$80

Sign up for above workshops, \$130 for Both, Save \$25

◆ The Diamond Power Within™ Creative System Core Energetics Healing Series: Course II

The Diamond Power Within™ Creative System consists of unique technologies which include ancient Universal energy forms, templates, tools, and techniques to heal old energy patterns, create balance, and integrate your True Self and gifts. The System provides methods of healing for all bodies on multi-dimensional levels within your cellular memory, affecting the past, present, and future. You can choose to consciously create and physically manifest all that is desired.

Course II is about opening and connecting the heart, mind, and soul to realign the emotional and mental bodies with the Truth of who you Are. Learn about your different bodies and dimensions and how to heal the past to live in the present. Be introduced to The Diamond Power Within™ Creative System which will activate memory to come into a deeper sense of Self and positively change your life! It provides you understandings of Universal laws, scientific and spiritual principles, conscious language, and training using unique spiritual, energetic healing tools and techniques. You will be trained how to incorporate these into your daily life or as a practitioner into your practice.

FREE Intro – Thursday, 11/2, 7-8:30pm, Southfield

Saturday & Sunday, 11/18-11/19, 10am-6pm, Southfield

\$280 or Register by 11/1 or if SGA Partner \$260



As founder and president of Keenawah & Associates, LLC, Amanda's mission is to assist individuals and organizations to heal, to be who and what they Truly are, and to create their fullest Diamond potential! Amanda is dedicated to serve as a catalyst and facilitator for healing and expansion. Her gifts and intuitive abilities access past lives and energy patterns that affect life decisions and manifestations. She specializes in the understanding and practice of spiritual principles, conscious language, and the co-creative process of energy. Amanda facilitates energy healing and is an inspirational teacher, speaker, and creator of The Diamond Power Within™ Creative System.