



Connecting The Dots ····

Create & Live Your Diamond Life!

March/April 2008
Volume III Issue 2

Amanda Butler

Consciousness Navigator

Tel: 248.350.8997 Fax: 248.350.8993

Email: keenawah@comcast.net

The Conscious Choice Column

Bridging & Weaving the Physical & Spiritual Together

Create & Live Your Diamond Life!™ Through

The Universal Law of Compassion

INSIDE THIS ISSUE

1 Conscious Choice:
The Law of Compassion

Utilizing & Integrating
Universal Laws

2 Continue Conscious
Choice Column

Your Highest Order
The Feminine Heart
Energy Form

3 Continue Tuning In

4 Diamond Life™ Services
Upcoming Workshops &
Healing Tools

Who is Amanda Butler?
Contact Information

What if today was your loved one's last day here on earth, or for that matter, your last day? How differently would you treat your Self or your loved one? Would you forgive and let go of past pains, worries, traumas, and ill wills toward your Self or one another? Would anything in the past really matter? Contemplating such questions invites us to consider how invoking the Universal Law of Compassion within our lives could shift our consciousness by utilizing it as one of our guiding principles.

Within the consciousness of compassion, there is love free of conditions, there is no judgment, and there is acceptance of one's True Nature which, of course, is Divine Love. Compassion does not see the past, it sees neither race nor color, rich or poor, nor better than or less than.

Compassion allows you to be in a vibration that sends forth into your 'be'-ingness a light of Divine Wisdom that enriches your own life and the rest of the world. Compassion assists in creating a Unified field of Love. It flows through your heart as you connect with Divine Creator and your True Self . . . your Divine essence or what is the Diamond Brilliance of who you Truly Are . . . the Divine-cell consciousness within you.

When you allow your Self to be compassionate toward your Self and with others, suffering, strife, lack, and drama within your life cease to exist. You are free to observe and to

Please see Conscious Choice on Page 2

Utilizing & Integrating Universal Laws

The Universe tells us its own story as to how it was created and from what it is built upon. It shares with us that everything is energy, including us; all of our thoughts, words, feelings, and actions are energy. Within energy there is a natural order and Universal structure. Energy moves in a circular fashion so what goes around, comes around. Each type of energy has its unique patterns, cycles, and rhythm.

To assist with the construct of the Universe, there are the Universal Laws, which are the principles and structure that facilitate order, co-creation, and manifestation. The Universal Laws are immutable. They are the means by which we continue to exist and can thrive, rather than merely survive. As we learn how to honor, respect, and integrate the principles of the Universal Laws, we can truly claim and create prosperity and abundance within all aspects of our lives.

Universal Laws form the architecture for all existence. They govern creation and are responsible for the operation of how creation occurs. They are precise, predictable, and have an unwavering certainty. Even though they are called Laws, there is no punishment

Please see Universal Laws on Page 3

*This Monthly Newsletter
Connecting The Dots ····
is committed to revealing
& sharing the secrets
& co-creative processes of the
Universe & how it offers you ways
to remember your True Self &
to fulfill your Highest Potential
through the dots that connect
optimal well-being, health, wealth
& prosperity on all levels. It will
give you insights & practical tools
to expand your awareness,
consciousness & opportunities
to create the Diamond life
you desire!*

Continue Conscious Choice from Page 1: The Law of Compassion

become aware of what is *really* occurring within your life, without the filters of wounding, trauma, or pain from the past.

These filters are the results of past experiences in which we have judged and decided that they are positive or negative. The positive or negative is not about it being good or bad but is a way to define an experience that is in alignment with love or not. These decisions create belief systems and patterns that affect our thoughts, words, feelings, and actions. You have heard of rose colored glasses. Well, our filters are the glasses through which we decipher each life experience. Yet each of our perceptions may or may not reflect the Truth of what is actually occurring in this present moment.

Compassion is a tool that you can use to discern what is True for you. Within the word Compassion are three words – **COMPASS**, **PASSION**, and **PASS** (see below). When you come from the energy of compassion you can interpret what you are being given either from a person, opportunity, challenge, or situation by listening to your intuition . . . your inner **COMPASS** . . . which is a feeling from your heart and/or the solar plexus (a gut feeling).

Intuition is not a function of the mind so if you find your Self thinking about it, open your Self to the feeling of what is True. Your intuition is the **COMPASS** and you utilize it by asking whatever you are considering: Does it tap into your **PASSION**? Does it inspire you? And does it energize you? If not, then the choice would be to **PASS** on it. This could mean to **PASS** on it entirely or only for the present moment because it may not be in your Highest Order or according to Divine Timing.

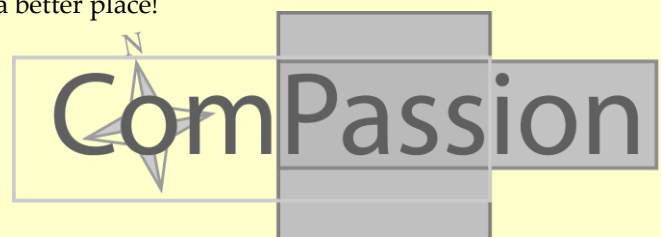
Compassion allows you the freedom of detachment. When you invite compassion into your life, you release the attachment to preconceived notions as to how things and people must be or what the results 'should' be with your various situations or events. Compassion allows Divine Source to help you manifest your Highest Potential and Fullest Dream that He/She sees for you. With this, you are making conscious choices based on love and compassion.

So how do you invoke compassion within your life? It's easy. Just ask the question, "What would love do?" or some ask, "What would the Divine or Jesus (or Mother Theresa, Gandhi, the Dalai Lama, Quan Yin) do?" Simply by asking and opening to this awareness, you are provided with the means to surrender the past, to relinquish the cross with which you have burdened your Self or others, and to forgive your Self or others for what you or they did or did not do, for what you or they are or are not. It provides you the means to let go of your crucifixions and to resurrect through love.

Start the day with the commitment that you will treat your Self and others as if it is their last day on earth. It provides a consciousness, an energy, and the spirit of being able to give of your Self free of conditions and of expectations. It is the simple smile and the simplest, most humble gesture that heals, builds, and transforms one's life and the world to be the vibration and fullness of Divine Love. It is crucial that you begin with your Self, for if you are not compassionate with your Self then you cannot be compassionate toward others.

And remember, We Are All One. All of your thoughts, words, actions, and feelings affect your reality with Self and others. As we are all energy, our energies weave together into a beautiful tapestry of creation and reality that each of us experience within our lives and in the world.

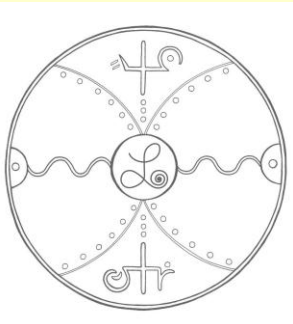
Consciously choose to give the gift of compassion to your Self and others . . . help to make a difference and create the world to be a better place!



As an opportunity, situation, or person comes to you, ask your Self, Divine Source, angels, spirit guides, etc., "Is this in my Highest Order?" And use Compassion as your guide.

Just because it has presented itself does not mean you are to take action at the moment or even at all.

Once you have utilized Compassion then ask, "Is it bringing you LOVE – Living Only Vibrant Energy?" If so then you are on the "right" path!



The Feminine Heart Energy Form provides you an opportunity to create Love, Compassion & Nurturance within all bodies of your consciousness ... Physical, Mental, Emotional, and Spiritual. Use your breath to breathe out anything you wish to release and breathe in from the Universe that which you desire to create!

Continue From Page 1: Universal Laws

if you do not abide by them, or even invite them into your life to assist you. There is no judgment of who you are or what you do if you do not incorporate them into your life. The Universal Laws do not discriminate based on age, sex, race, color, faith, deeds, or preferences. The only determinate of how they work within your life is *you* . . . your awareness, your choices, your consciousness.

The Laws are constant and always functioning within your life 100% of the time whether you are aware of them or not. Universal Laws are no different than the Law of Gravity -- always there, but usually taken for granted. For the Laws to effectively assist you, you must become aware of them and consciously choose how you will utilize them. Ignoring them is like ignoring that gravity exists even though it is still a part of your life and literally prevents you from floating off into outer space.

If you learn to integrate the key principles of the Universal Laws into your life, then life can become much more simple and synchronistic. If you learn how to harmonize with them, then life will become fuller, richer, and easier. The Universal Laws are a roadmap of how to harmonize, integrate, and align with all aspects of your life with your Higher (Divine) Self and Highest Order. It is essential that you understand how to do this within your physical, mental, emotional, and spiritual bodies of consciousness so you can thrive and manifest what you really desire.

Understanding Universal Laws answers the 'Why?' concerning any problem, struggle, lack, or fear that you are experiencing. Learning to become a Master of Universal Laws helps you align with the Truth of your Higher Self and comprehend how all of life is intricately woven together. The Laws reveal to you a broader perspective of the 'bigger' picture so you can see that we are all Truly One. If you do not have love and compassion for your Self then you will not have it for another, and if you do not have love and compassion for another, then you do not have it for your Self.

By utilizing the power of the principles within a Universal Law, you become empowered within your Self and your life to change what no longer works for you or serves you. As you integrate the Laws more and more, any confusion that you may have had about a situation or person becomes clear and you are more focused and certain about what to do next. Your newly acquired Higher perspective of what is Truly occurring enables you to learn, grow, heal, and complete your lesson(s) around the situation or person. You have a sense of freedom and become more confident in who you are and what you do. The bondages of the past are eliminated as you become more aligned and harmonized with your Self and the Laws.

There are key Universal laws that will assist you in your healing process so you can come to a place of more love, compassion, grace, and acceptance with your Self and others. They build a foundation of love, present moment, and thrival to create from, rather than a foundation of fear, the past, and survival. These Laws teach you how to create from a motivation of love versus fear. When you can create and live within them more effectively, they provide deeper, more profound experiences of what life and the Universe has to offer you.

Within all Universal Laws, there are guidelines showing you what more you need to learn or what is required to be healed and completed from the past so you can thrive. And what are the old patterns and belief systems and fears that are running the show rather than your conscious choice to **LOVE – Live Only Vibrant Energy?** By starting with this first set of Laws, you can heal the past and become more connected, centered, and balanced with your Self, others, and the Universe. They include:

<i>Law of Compassion</i>	<i>Law of Non-Judgment</i>	<i>Law of Grace</i>
<i>Laws of Tolerance and Truth</i>	<i>Laws of Detachment and Faith</i>	<i>Law of Forgiveness</i>
<i>Laws of Patterns and Manifestation</i>	<i>Law of Cause and Effect</i>	<i>Law of Reflection</i>

The second set of Universal Laws support you in discovering, co-creating, and manifesting what you Truly desire. They assist you in feeling and knowing your True Self and what you offer. They provide an understanding of what your life lessons are and your purpose in life. Integrate these Laws and you will surely experience more success in all arenas of your life:

<i>Law of Dharma (Purpose of Life)</i>	<i>Laws of Surrender and Compliance</i>	<i>Laws of Perfection and Pure Potentiality</i>
<i>Laws of Polarity and Divine Union</i>	<i>Laws of Vibration and Success</i>	<i>Laws of Attraction, Desire, and Intention</i>

If you would like more information about any of the above laws, you can email me at keenawah@comcast.net. The Universal Laws are there for us to utilize. They are not only the framework to create from within and our roadmap to manifestation, they are also our gifts from the Universe. Be willing to receive them and consciously choose to use them . . . it's your choice to just survive or to abundantly thrive!



Diamond Life Services
Create & Live Your Diamond Life!

Heal the Past to Be Present in the Moment & Consciously Create the Future!
Why Invest In your Self? Because You're Worth It! You can be Happy, Feel Empowered, Passionate & Achieve your Desires through Diamond Life™ Services:

The Diamond Power Within™ Energetic Healing Sessions:

Energetic Re-Patterning, Re-Alignment & Re-Balancing; Resolution & Completion at Root Cause Levels of Present & Past Life Energetics; Re-Membrance of your Divine Self; Co-create Authentically & Powerfully from the Truth of Who You Are in Every Aspect of your life; Create your Diamond life through Compassion & LOVE – Living Only Vibrant Energy!

Conscious Choice Mentoring: Become Aware, Connected & Focused; Learn Conscious Language & Meditation; Empower your Self & your Mission, Vision & Purpose Each Day to Manifest Your Dreams.

Soul Readings: What is Your Soul Trying to Tell You? What No Longer Serves You? What Are the Changes You Need to Make? Clarify Your Path & Direction.

Detoxify & Rebuild Your Bodies: Improve your Health & Well-Being on All Levels with Amazon Herbs & the IonicSpa Footbaths! For the Herbs, go to www.keenawah.amazonherb.net for more info or to order online.

About Sessions & Mentoring:

"Meeting Amanda has changed my life! I had no direction & wasn't sure what was acceptable to me. Now I have confidence & love life! Thanks Amanda!"

– Diane, Dance Therapist, Royal Oak MI

"During a session, Amanda assisted me in removing a block that had been there for many lifetimes & I claimed back parts of my Self that had been lost."

– Michel, Manager, Southfield MI

"My soul chose Amanda as the catalyst for the greatest shift I've experienced. Who she is & what she does is amazing!" – Takara, Author, Santa Fe NM

Fun Friday! On 5/9, 12-7pm

Energy Healing Sessions or Soul Reading Plus More! ½ Hour + Tape for Only \$45 at our Office!



Save Your Spot - Call 248.478.8423 or Walk-in!
23023 Orchard Lake Rd, Bldg A1, Farmington MI 48336

To Schedule Other Appointments, Register for Classes,
or For Information about Products & Services
Call 248.350.8997 or Email: keenawah@comcast.net
Checks & Credit Cards Accepted; Payment Plans Available.
www.keenawah.com



Amanda Butler is President of Keenawah & Associates and Founder of Stellar-Gaia Alliances. She is a Consciousness Navigator who inspires, guides, educates, and supports individuals and groups in their exploration and discovery of their Diamond essence, their desires, and their True purpose. As a speaker, teacher, and healing catalyst, Amanda assists others to rebuild a foundation based on LOVE – Living Only Vibrant Energy, thriving, and the present moment rather than fear, survival, and the past through Conscious Language and unique Energetic Healing, Re-patterning, Re-alignment, Re-balancing, and Co-Creative processes. She authors the Conscious Choice column in Michigan's Body Mind Spirit Guide, the Create & Live Your Diamond Life™! column in the online Conscious Mind Journal, and her own FREE Connecting The Dots bi-monthly newsletter in which you can subscribe by emailing her at keenawah@comcast.net.

Get Back to Basics & Take Care of Your Self!

Step 1. Learn how to relax, connect within & feel empowered to manifest what you really want in life!

Step 2. Explore who you Truly are & what it is that you Truly desire – most people really do not know what it is they want, let alone to follow their Divine path, fulfill their purpose & feel passionate about life! It's okay, it's all there & all you have to do is tap into it & move forward!

Step 3. Discover, change & realign your patterns, belief systems & perceptions that limit & block you from creating the life, relationships, career & dreams you envision.

Step 4. Find out how to heal your past so you can create a new foundation based on love rather than fear, by bridging the Spiritual with practical Physical applications!

Are you looking for peace of mind, more prosperity & abundance in all aspects of your life with a sense of clarity, empowerment & confidence in who you are & all you do?

Healing Present & Past Life Energetics

Workshop – Sat, 5/17, 9am-3pm, \$80 includes Workbook; At COTW

Create the relationships you desire by creating the ultimate loving relationship within you first!

Creating Sacred Union Within:

Embracing The Feminine, Masculine & Inner Child

3-Week Series, Wed, 5/21, 5/28 & 6/4, 6:30-9pm, \$100; At COTW

Become focused & purposeful! Discover or refine your desires & direction, next steps & expand your vision!

Create Your Vision Board & Manifest Your Dreams

Sat, 6/28, 10am-2pm with Follow-up Class on Wed, 7/9, 7-9pm,

\$60 Includes Materials & Workbook; At COTW

COTW – Church of Today West, 32500 W. 13 Mile Rd (4 blks West of Orchard Lake Rd on north side), Farmington Hills, MI 48334

For More Info about Workshops, go to www.stellargaia.org!

About the Workshops: *"Excellent way to gain insight into destructive patterns & find healing."* – Ruth, Psychotherapist, Lake Orion MI

"It helps to better understand why we do the things we do & how we can break the patterns to create a better way of being."

– Karen, Business Analyst, Livonia MI

Tools to Assist You to Release & Heal the Past:

Order the **Healing Present & Past Life Energetics CD** to understand energetic patterns, how they affect your decisions & creations, why you attract what you do within your life & to consciously choose differently. It includes teachings & a Healing Meditation to utilize as a healing tool when issues arise! Only \$25.