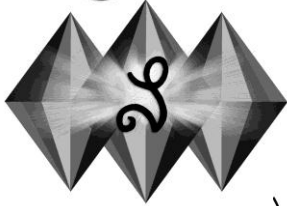


Keenawah



*Co-Creative Spirits Merged As One*

# Connecting The Dots .-.-. Create & Live Your Diamond Life!

June/July 2007  
Volume II Issue 4

AMANDA BUTLER - SPIRITUAL NAVIGATOR

Tel: 248.350.8997 Fax: 248.350.8993

Email: keenawah@comcast.net

*The Conscious Choice Column*

*Bridging & Weaving the Physical & Spiritual Together*

**The Laws of Detachment & Faith**

## INSIDE THIS ISSUE

- 1 Conscious Choice:  
The Laws of Detachment  
& Faith  
Responsible Co-Creation
- 2 Continue Conscious  
Choice: The Laws of  
Detachment & Faith  
The Energy Forms
- 3 Continue Responsible  
Co-Creation
- 4 Amazon Herbs &  
The IonSpa Footbath  
Back to Basics: Take Care  
of Your Self! Intro &  
Package Bonus Special  
Who is Amanda Butler?  
Contact Information

Today, you have the choice of freedom. And as with most choices, it means change occurs and life as we know it will no longer be. What if you allowed your Self to let go of the something or someone that no longer serves you to have in your life anymore, or that you no longer need or desire? What if you choose to let go of what once was . . . the past . . . and not be attached to its memories whether the memories are that of love and/or pain? What if you choose to be in the present moment and utilized the past only as a reference point, a record? What if you choose not to be attached to the outcome of a present circumstance, a relationship, a project, or anything or anywhere else you have invested your energy?

The 'What if' game is one that is lived in the past or in the future but for these purposes it is used to illustrate a point. If you could close your eyes and create anything or anyone you desire, would it look the same as to what you currently have in your life? Most would answer, no. Then how can you change what is in your current situation? The first step is to utilize the Universal Law of Detachment.

The Law of Detachment provides a freedom from the past and the future. It asks you to be willing to step into the field of uncertainty, into the unknown. There is a wisdom in the uncertainty as we are willing to step into the unknown because it opens the doors into the energy field of infinite possibilities. When we are not attached as to how something, someone, or a relationship 'should' look, then there is space for so much more to occur. In that, there is freedom for you and others to be who they Truly are, to contribute to your life and theirs in the Highest Order, and to fulfill your Divine Plan.

There is no need to control your Self, others, and outcomes in order for you to create what you desire. By letting go, so much more can be manifested beyond your wildest dreams.

*Please see Conscious Choice on Page 2*

## Responsible Co-Creation

So now the secret is out! Not just the movie but an awareness of what is really True. As you become more awake (conscious), there seemingly is more responsibility that comes with it. Why didn't someone warn you about that!?! Well, the Truth is, you were always responsible for what shows up in your life. You just weren't aware of how involved you were in creating it.

As you step back and review, have you blamed your loved ones, others, work, or various circumstances for how your life doesn't work or what is manifested within it? Have you only gone to God when life just gets too painful or wondered why God doesn't seem to hear and answer your prayers? Do you feel betrayed, not heard, and not supported?

Do you call upon God and ask Him/Her to be with you every moment in every creation and aspect of your life? Do you invoke God to guide you, direct you, and *do you listen* and follow what is given to you? Are you full of 'buts' and 'reasons of why nots' instead of the 'whys' to follow the path you are being lead down? This is where responsibility is involved within the co-creation of your life.

Let's take the myth out of the word responsibility. For most, responsibility means . . . hard work,

*Please see Responsible Co-Creation on Page 3*

---

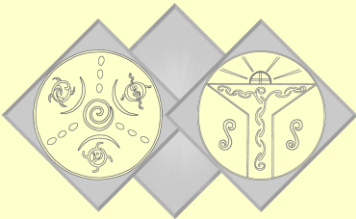
*This Monthly Newsletter  
Connecting The Dots .-.-.  
is committed to revealing  
& sharing the secrets  
& creative processes of the  
Universe & how it offers you ways  
to remember your True Self &  
to fulfill your Highest potential  
through the dots that connect  
optimal well-being, health, wealth  
& prosperity on all levels. It will  
give you insights & practical tools  
to expand your awareness,  
consciousness & opportunities  
to create the Diamond life  
you desire!*

---

---

Faith is  
Feeling Abundance  
In The Highest.

---



*The Root Chakra Energy Form (left) in conjunction with the Crown Chakra Energy Form (right) provides you a pathway to release the old survival fears, illusions, protections, patterns, and belief systems that support your outdated attachments and limiting habits, ways of 'being', and energetics. As you breathe out into the center Diamond that which you desire to release and let go from this physical dimension, breathe in your intentions, claims, and vibrations of the new from the etheric/spiritual dimension. The center Diamond along with the breath bridges the two energy forms and brings together the energies of the physical and the etheric, matter and spirit, thus utilizing the flow of radiant energy to create vibrant form.*

### **Continue Conscious Choice from Page 1: The Laws of Detachment & Faith**

The solutions and results of problems, situations, and relationships are much more creative, flowing, and expansive if you are detached. The energy is constrictive when you need to push or force the solution or result you deem necessary. You operate within your limited scope when you impose your views and will to manifest what you desire. If you simply surrender, you will experience a greater scheme of probabilities within your life. If you trust and have the willingness and faith to step into the unknown, solutions can occur spontaneously with ease and grace even in the midst of confusion, chaos, disorder, and/or destruction.

However, most have the urge to control themselves, others, and situations in order to feel safe and secure thus producing an attachment to the result or outcome. Know that you are safer by letting go than hanging on to what you know. Hanging on to what you think it 'should be' actually limits the energy and the possibilities. The other reasons for control are the need to be right, to be acknowledged, or validated by someone or something outside of Self. These needs again provide the attachment that people or things must be a certain way for you to feel safe and secure. But safety and security is an inside job, not an outside one. You cannot achieve safety and security through your relationships, people, job, money, things, or even fulfilling your purpose. Your Divine Plan is only achieved and felt through your connection within your Self and with God, Higher Power, or however you define this for your Self.

Some feel if you detach, then you don't care or you don't love someone or something. There is the confusion that love and passion must show up as energies of attachment and enmeshment with someone or something in order for it to be real and true. This is a form of codependency. Within the energy of attachment, there is a check list as to what love equals, how it must show up, and how someone must demonstrate it. The attachment does not allow for the freedom of expression, freedom of one's heart to express how it feels, or for the possibilities of what can occur and be through the acceptance of the true energies of love and passion within the relationship.

What the Law of Detachment teaches us is that as you step into the field of all possibilities and surrender your need to control, it allows for you to remain open to the infinity of choices. Life, full of its various kinds of creations, situations, and people, can be embraced as an adventure, an excitement, an enthusiasm to experience it as fulfilling, magical, mysterious, and joyous. The unknown becomes a place that is no longer scary but one of Love (*Living Only Vibrant Energy*), freedom, and possibilities.

To support you in embracing detachment as a way of 'being' is the Universal Law of Faith. The Law of Faith is founded upon recognizing there is much more than we can see, taste, or feel. It is the acceptance and knowingness that there is much more beyond our limited view. It is an understanding where we see only pieces of the puzzle not the whole puzzle and that we are a part of the All and are connected to Universal Love and Wisdom.

We comprehend this when we let go and acknowledge the miracles occurring around us and within our lives. When we open to the possibilities and to receiving our Highest Good. When we experience synchronicities within our lives such as suddenly a person appears that you've been thinking about or you meet someone who can help you manifest something that you've put your attention upon, or a book falls off the shelf which answers questions you may have, or you go to a grocery store because you listened to your intuition to go at that moment and you meet your Beloved, the relationship you have been putting out to the Universe that you have wanted to create.

How we arrive to this place of recognition and trust is through the energy of Faith. Faith is . . . *Feeling Abundance In The Highest*. It is understanding and knowing the connection within and with your Higher Self and the Wisdom of the Universe provides you the path to fulfill the Highest Order for your Self. Letting go of attachments (and your egoic will, the small personality validated by others, the need to be right, safe, or secure) provides a *clear* path for you to reach your ultimate objectives and creations.

By listening within and through your connection with the Universe, trusting your intuition, and discerning what is in your Highest Order, then Faith is inherent. You are not looking to the outside for validation, you are not letting the past dictate your decisions, and you are not attached to the outcomes. You have the choice to play in the field of infinite possibilities and the unknown when you have the willingness and faith to release the maze of the past and your attachments. You have the freedom in choosing to create your life consciously in doing so. And you have the power to do so each and every moment!

**Continue From Page 1: Responsible Co-Creation**

not fun, stress, struggle, suppressive, oppressive. Geez, no wonder you don't like being responsible. It's True definition and what it really means is . . . being the source or cause of something; being answerable for one's behavior; being personally accountable. Many don't like this either because it reflects back to you that you're really the one creating what's around you and within your life. It reveals how you are accountable for the life you have, with no one to blame, judge, or condemn except yourself if that's what you wish to do. But why subject yourself to judgment, shame, or guilt when in any given moment you are doing the best you can and learning, growing, and healing along the way!

Denying that you're responsible and accountable only brings more pain, more lessons. Embracing what it is that you are to learn from a person or circumstance brings you awareness, healing, resolve, expansion, empowerment, strength, and peace. Compassion, acceptance, and love of Self are the key to integrating responsibility for what it truly is . . . *the ability to respond*. Let's take the angst out of responsibility and replace it with a sense of adventure and being a Master Co-Creator with God and the Universe.

Each one of us holds the energy of a Master Co-Creator. We all have the ability to create what we desire in our life but, in order to do that, we must accept that we can and understand the co-creative process with God and the Universe. We must also surrender the conditioning and programming that we took on as we grew up and resolve the energetic patterns that have been a part of our soul. We must be willing and committed to release the attachment to our past pains, traumas, dramas, and wounding.

At some point you may recognize that any of the above no longer serves you. This awareness occurs when you acknowledge that you're unhappy, feel drained, have no life force, lack inspiration, and your motivations are sourced from a foundation based on fear versus love thus creating the opposite of what you desire. The conditioning, programming, patterns, and the past are records for you to draw upon as experiences that work for you or those that do not. You can take the lessons and gifts they provide and complete them so you can move forward into a new energy, a new paradigm, a new way of co-creation.

The Master Co-Creative process includes the acceptance and understanding that within Universal Law and nature's creations, you are supported in all you would like to create. This is where you intentionally invite God to co-create in ALL areas of your life. Your co-creative part is to focus your attention and energies upon what you would like to manifest (not what you don't have), be aware of the flow (not on what is not), and to show up every day asking, listening, and following through by doing the next steps (even if you don't understand the 'why' in any given moment).

As you allow and trust your Self and God, God will co-create with you within the energies of Divine Love, Truth, Wisdom, Power, Order, and Timing. Sometimes what you desire may not be in Divine Truth, Order, or Timing. This is due to you not seeing or feeling the whole picture, the more expanded path and vision that God is holding for you, and even that which you had intended for your Self in this lifetime. The more you accept taking responsibility and hold your Self accountable within your Mastery and your co-creations, the more you come to feel that life is just one great big playground and it's yours!

It can be fun, energizing, inspiring, invigorating, and passionate! And it can be challenging, frustrating, and exasperating. It depends upon how you interpret it and take responsibility for what is occurring even if it's something you do not desire. How can you perceive it differently? How can you learn and grow from it? Are you reacting from fear and the past or are you claiming your Master Co-Creator Self with the ability to respond within the vibration of Love . . . *Living Only Vibrant Energy* and Fun . . . *Feeling Unconditional Nurturance* from God, the Universe, your Self, and others? Remember, you are the Master of your life and the Diamond brilliance (your God-cell consciousness) of your Mastery lies within you . . . you can choose how you want to play it!

**What to explore? Utilize your breath, meditations, journaling, and dreams to provide you with insights:**

**Exploration 1.** List the meanings of what responsibility and accountability means to you. Where do you perceive yourself as responsible and where are you not? Where do you hold back and why? Where are your 'buts' and 'why not'? Where do you argue for your limitations? Where do you focus your energy and attention?

**Exploration 2.** What is your definition of co-creation? How do you see God included in the process? Where do you limit your co-creation with God and the possibilities?

"You can help me create X in my life except for this part \_\_\_\_\_." OR "but I'll only accept or do \_\_\_\_\_."

**Exploration 3.** Where and how do you feel not empowered within life? In what areas do you give your power away? Take an area in your life where you feel powerless and state your intention to the contrary with an 'I AM' statement. Refocus your thoughts, words, feelings, and deeds around it. Invite God to co-create with you. Observe and write daily about your co-creative process.

*The Diamond is an energy within you that holds your God-cell consciousness & your True Essence.  
A Diamond Life is the Living & Being the qualities & perfection of the vibration & consciousness of love.  
It is the remembrance & return to the Brilliance of your True Self in all that you Are & Do.  
It is the fulfillment & manifestations of your visions & dreams in all facets of your life!*



### Introducing the IonSpa Footbath!

It is a great way to help you improve your health and well-being plus pamper your Self! You can . . .

- \* Detoxify \* Increase oxygen levels and your energy
- \* Help weight release \* Receive allergy/sinus relief
- \* Release fungus, viruses & yeast \* Reduce inflammation
- \* Improve sleep \* Reduce tension \* Help PH Balancing

It takes only 30 minutes per bath!

Single session: \$30 per session

Premium Package: \$150 – Buy 5 sessions, get 1 free

Optimal Package: \$295 – 14 sessions every 2-3 days for optimal results! Free consultation included if desire (see below). Call today to schedule your foot bath!

It's not only a way to take a break and relax but also to bring your Self back into balance and better health!

It can also assist you in determining what *Amazon Herbs* your body needs for further enhancement of your health.

*Amazon Herbs* are concentrated organic botanicals from the Amazon Rainforest that assist you to **Renew, Restore, and Revitalize your energy and health.** Plus you support Indigenous communities and help save the Amazon Rainforest with each product you purchase. Wealth and business opportunities also available.

*You can make a difference in the world and with your health and well-being! Amazon Herbs is Making the World a Better Place . . . by developing a system of distribution to reach as many people as possible to improve the health of human kind*

*PLUS Save & Preserve the Amazon Rainforest while supporting the Indigenous people & their communities!*

*[www.keenawah.amazonherb.net](http://www.keenawah.amazonherb.net)*



*For More Information about Services, Products or Upcoming Workshops Or To Schedule Personal Energy Re-Patterning, Re-Alignment & Re-Balancing Healing Sessions, Readings or Mission/Vision/Awareness Coaching*

*Call 248.350.8997 or Email: [keenawah@comcast.net](mailto:keenawah@comcast.net)*

*[www.keenawah.com](http://www.keenawah.com) Or [www.stellargaia.org](http://www.stellargaia.org)*

*In-person or Via Telephone. Cash, Checks, MC, Visa, Discover & AE Accepted. Payment plans if needed.*

### Back to Basics – Take Care of Your Self!

**Do you feel empowered in your life?**

**Are you in control of your relationships, your destiny, your vision & your dreams?**

**Do you feel centered & balanced?**

**Are you happy & fulfilled?**

**If not, then . . .**

**Step 1.** Learn how to relax, connect within & feel empowered to manifest what you really want in life!

**Step 2.** Explore who you Truly are and what it is that you Truly desire – most people really do not know what it is they want let alone to follow their Divine path, fulfill their purpose & feel passionate about life! It's okay, it's all there, and all you have to do is tap into it & move forward!

**Step 3.** Discover, change & realign your patterns, belief systems & perceptions that limit & block you from creating the life, relationships, career & dreams you envision.

**Step 4.** Learn how to heal the past, live in the present & create the future by bridging the Spiritual with the practical Physical applications & means to do so!

**Create a new life & foundation based on love, not from fear or the past!**

**Call today to schedule your initial consultation & SAVE \$25. Let's create a program for you that will transform your life & assist you to achieve the life & success you desire!**

**First 10 people will receive the below CD as a GIFT!**

**Your customized program can include. . .**

- ◆ Energy Re-Patterning, Re-Alignment & Re-Balancing Healing Sessions
- ◆ Resolution & Completion of Present & Past Life Core Energetics Methods & Technologies
- ◆ Mission, Vision & Awareness Coaching to Clarify Your Path & Next Steps

**Discounted Packages Available. With this SAVE \$50 on 1-Month Package or \$200 on 3-Month Package!**

### Other Tools to Assist You to Release & Heal the Past

Order the *Healing Present & Past Life Energetics* CD for further assistance to understand energetic patterns and how to resolve them. This CD includes teachings about energy patterns, their effects on your life decisions and creations, why you attract what you do within your life and a Healing Present & Past Life Energetics Meditation so you can utilize it as a healing tool over and over when issues arise! **\$25 (Value \$150)**



Amanda Butler is the President of Keenawah & Associates, LLC and Founder of Stellar-Gaia Alliances. As a Spiritual Navigator, her mission is to "Be" and spread the consciousness and vibration of love to others through healing the past, enlivening the spirit, and empowering the True Self. With her intuitive abilities and gifts, she can identify energy patterns, access past lives, and facilitate energy healings that affect life decisions and manifestations. She guides individuals and groups to realize their True essence and to create their Diamond Life through unique energetic healing, re-patterning, re-alignment, and balancing processes. Amanda specializes in the understanding and practice of Universal Laws and spiritual principles, conscious language, and the co-creative process of energy. She is an inspirational teacher, healing facilitator, coach, writer, speaker, and co-creator of *The Diamond Co-Creative System™*.