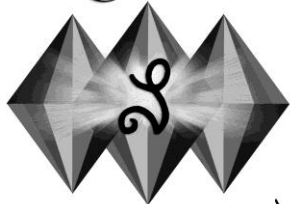


Keenawah



Co-Creative Spirits Merged As One

Connecting The Dots ····

Create & Live Your Diamond Life!

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Who is Amanda Butler?

*This Monthly Newsletter
Connecting The Dots ····
is committed to revealing
& sharing the secrets
& creative processes of the
Universe & how it offers you ways
to remember your True Self & to
fulfill your Highest potential
through the dots that connect
optimal health, wealth &
prosperity on all levels. It will give
you insights & practical tools to
expand your awareness,
consciousness & opportunities
to create the Diamond life
you desire!*

Conscious Choice: Bridging & Weaving the Physical & Spiritual Together

This Month's Column: The Laws of Patterns & Manifestation

As we begin the advent of the New Year, we have the opportunity to set the intentions and movements to create the life we truly desire. To do this we must first understand energy and the Laws of Patterns and Manifestation, once again reminding everyone that everything is energy. We are spiritual beings having experience in a more dense form of energy, our physical body.

The Law of Patterns helps us comprehend that energetic patterns affect how we create our lives. The thoughts, decisions, and actions we take as a result of experiences stored in our cellular memory and the conditioning which is learned through . . . our culture, society, family, peers, history, and lineage. Since all thoughts, feelings, words, and action are energy, they create the physical manifestation of what we focus upon.

The Law of Manifestation occurs when thoughts, words, and feelings are aligned and fuel us to take actions. If we focus our thoughts and feelings upon love, joy, and abundance rather than fear, lack, grief, resentment, or anger, the energies will align to manifest love, joy, and abundance. Setting intentions alone cannot produce what we desire. We must follow through on the energetic levels of 'right order' thoughts, feelings, words, and actions along with our connection with God (or whatever way you know the Higher Power of the Universe).

Please see Conscious Choice on Page 2

Create the Life You Desire! Why the New Moon is Important . . .

Why are Moon cycles important to follow and a key to manifesting your desires? As we live on this planet, there are natural laws that affect us whether we are aware of them or not. According to Lisa Miller of astrowisdom.com, "The movement of the Earth around the Sun and the Earth, through the laws of motion and gravitation, influence the tidal ebb and flow in the oceans upon our planet. Similarly these same laws attract the gases of the atmosphere producing tides in the upper atmosphere, thus giving rise to detectable changes in the Earth's magnetic field."

As our physical bodies are about 70% water, we have a magnetic/energetic body. Thus we are affected by the earth's influences and the same laws of motion and gravitation apply. There is a natural rhythm that occurs and synchronizes our internal biological clocks and emotional/intuitive clocks. We can utilize these

Please see New Moon on Page 4

Continue Conscious Choice from Page 1 – What are Adamantine Particles?

Energy converts to matter. “Matter is frozen light that is a highly complex orchestrated energy fields. If matter has light-like properties, then it is probable that matter may have frequency characteristics,” according to Dr. Richard Gerber, *Vibrational Medicine*. Thus we are working with frequencies, harmonics, and vibrations when we enter into healing from an energetic perspective.

As we experience different events within our lifetimes, we make decisions based on our perspective and interpretation of the event which create belief systems and patterns that hold energy. The decisions and experiences are then held within what are called adamantine particles which are the minute form of creation at the cellular memory level. The particle is the most finite particle of our subatomic cell structure and the building blocks for all complex forms in the Universe and retains all experiences throughout life times. An adamantine particle’s native state of ‘be’-ing is Love.

As an out-breadth of God, we receive our own individual set of adamantine particles which we know as our Original Essence with our unique gifts and talents. Each adamantine particle holds the pattern of the Flower of Life. The Flower of Life is composed of all sacred geometrical shapes within the Universe. Within the Flower of Life is the God seed consciousness of Divine Love and Divine Wisdom and the Diamond energy and brilliance of who you Truly are. All consciousness continues to grow and expand into higher vibrations including that of God’s and the All Oneness Unity energy.

Adamantine particles do have memory and retains all of your experiences. Our cellular memory collects the impressions or what we call imprints and forms the patterns within the adamantine particles, either as positive (love/unified) or negative (fear/separation) energetics. Or you could consider it, energy in alignment or out of alignment with your True Self and Divine Love – your Original Essence or what we would call your Original Divine Blueprint. Within the cellular memory are bodies of consciousness . . . physical, mental, emotional, and spiritual in which the memory is recorded and stored.

The energies of the belief systems and patterns are reinforced throughout lifetimes by now what they direct us to think, feel, or believe when a new experience comes to us. The patterns will gather evidence as to why it is so and continue to make imprints upon the cellular memory until we interrupt that type of energy pattern. If our patterns are negatively running the show so to speak, they are based on fear and will create blocks and limitations in ‘be’-ing our True Self and achieving our desires. Depending on where the memory is stored, you could experience emotional distress if the trauma is held in the emotional body of consciousness or it could be held in the physical body as pain or dis-ease.

The adamantine particles will hold misaligned (seemingly negative) patterns until there is an intention to energetically heal a pattern that is out of alignment with Love. To completely heal the belief systems and patterns, healing must occur energetically within the adamantine particles, bodies of consciousness, and on a cellular memory level to realign you to Divine Love and your Original Divine Blueprint.

This can be done through our intention of healing. When the vibration of Love and God enters into the healing, it generates a true harmony and synchronicity among the adamantine particles which are the key and core to energetic healing. We then enter

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which we know as our
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*The Manifestation
Energy Form provides you an
opportunity to create from a
balanced state of ‘Be’-ing
connected with the guidance
of the Universe within all
bodies of consciousness.
The Blue Diamond radiates
the Divine Truth of who you
Truly Are & your expression
in all that you do.*

Continue Conscious Choice from Page 2 – Awareness of Your Patterns

into transformation and re-patterning of the adamantine particles back to Divine Love and your Original Divine Blueprint. The results are it energetically changes the belief systems, patterns, consciousness of the bodies, and thus the cellular memory present and future creations and experiences.

The energies that are out of alignment are unresolved or incomplete and show up as the patterns that create issues within your life. In identifying the patterns within your life, it can assist you in getting to the root cause of it. When an issue arises for you and the pattern(s) is identified then it is time to address it and heal it. If you do not, the experience of the issues and patterns will intensify until you can no longer ignore them. These are the challenges and lessons that come to you and are the ones for you to heal.

So what can you do to return to experiencing your Original Essence? First affirm what your intention is, such as . . .

“My commitment is to be open enough to become aware of, acknowledge, and embrace no longer serves me, free of judgment and blame, of my Self and others. I am committed and willing to let go of what I know and the behaviors and habits of the past. I am willing to heal the energetics of my pattern(s) and the past and forgive my Self and others. I am committed and willing to explore, discover, and heal what will assist me to live in the present and consciously create the future!”

The next steps are to ask your Self the following:

1. Awareness is the key! My pattern is _____.
2. It shows up in my life as (habits, situations, blocks, and limitations) . . .
3. It shows up in my relationships as (with Beloveds, family, friends, co-workers) . . .
4. My pattern affects . . .

- _____ My thinking and the decisions I make
- _____ My emotions and the way I feel
- _____ The way I treat my Self
- _____ The way I treat others
- _____ The way I see and judge my Self
- _____ The way I see and judge others
- _____ The ability to create the life I desire
- _____ The ability to create the relationship I desire

(Note: If you do not like what is occurring in your life and checked one or more of the selections above, then the Pattern is running your life, not you!)

5. I feel like _____ when my pattern is affecting me.
(List all of the feelings that occur when your pattern is engaged.)

By you choosing to become aware of the patterns that are running the show, you can then take control of your life by engaging with your Self honestly as to what in your life is working and what is not. In becoming aware, you now can make a conscious choice to create something different. You can choose to heal the patterns that are dysfunctional, negative, and even destructive. Thus when you set your intentions, you can actually achieve what you desire, based within a different energetic paradigm of Divine Love and from your True Essence.

Beyond an
Ordinary Life ...
A New Blueprint
for Your Fullest
Expression of Life!

Begin to ask your Self the questions of “Why do I have so much love & the relationship of my dream in my life?” or “Why do I have so much money in my bank accounts that I can pay my bills on time, contribute to others & the world, travel where I want to, buy the things I desire & still have surpluses in my bank accounts & investment portfolio?” INSTEAD OF “Why don’t my relationships work and I feel alone?” or “Why am I so broke, can’t seem to pay my bills & never get ahead?” Your mind always wants to answer questions & will seek to gather evidence to support its answers. Let’s have it focus on what you desire to create rather than what you do not. You will see, feel, know & experience the difference!

Register for the Patterns Interrupt-A Workshop on 1/20 to Heal Your Patterns!

Continued Why The New Moon is Important from Page 1

energies to focus upon our hopes, desires, and goals while healing specific issues that may block us from achieving our dreams.

The Moon provides the power of the magnetic (physical and emotional bodies/feminine energy) and the Sun provides the power of the dynamic (mental and spiritual bodies/masculine energy) so a uniting and balancing of energies provide us opportunities to Truly heal and manifest what we desire. Each New and Full Moon is connected and influenced by an astrological Sun sign . . . the New Moon is the same sign as to when it falls in the month and the Full Moon is the opposing sign, i.e. January's New is Capricorn and Full is Cancer.

The New Moon is a time to set your intentions of what you would like to create in the next 28-day cycle. It is a powerful time to clarify for your Self your desires. It is a perfect time to start a new project or claim a new beginning in some aspect of your life. During the period between the New and Full Moon, focus upon what issues need to be addressed and healed while intuitively taking actions to manifest your intentions. The Full Moon is the time to release the energies of not only the past but also your intentions. You will typically feel and see a culmination of energies of both aspects at the Full Moon and intensity within and around you. Create rituals for your Self to celebrate both cycles of the Moon and you will find your Self in a natural flow and rhythm while feeling supported by the Universe and experience synchronicities that occur in life.

For More Information & To Register for Workshops Or Schedule Personal Energy Sessions, Readings or Spiritual Coaching, Contact Amanda at 248.350.8997 or Email: keenawah@comcast.net

www.stellargaia.org



Ask about how you can SAVE on Monthly Packages In January (up to \$250 Savings!) or Order Today Your Healing Present & Past Life Energetics CD Limited Time Offer Only \$25 (Value \$150)!

2007: Your Year to Actualize Your Desires & Dreams It's Time to Just Do It & Reach Your Highest Potential! Workshops & Events to Inspire & Support You:

◆ **FREE New Moon Meditation Tele-Conference**

A New Moon meditation & setting intentions for the next 28-daycycle!

Thursday, 1/18, 8-9pm EST, Call for Phone # & Pin Code

◆ **Begin The New Year Empowered & Focused to Create Your Desires!**

A mini-workshop to create your vision board & pathway to success in 2007! Saturday, 1/13, 10am-1pm, \$35

◆ **Creating From Your Soul's Essence Tele-Conference Class**

A 3-week tele-conference class to tap into the energy of your Soul's essence & realize the brilliance of who you Truly Are.

Stop the critics that seem to be running the show & empower your Self to create consciously!

Tuesdays, 1/16, 1/23 & 2/6, 7-8:30pm EST,

\$100 or Register by 1/9 for \$80, Southfield MI

◆ **A Workshop to Re-Align Your Life ... Experience Patterns Interrupt-A**

This mini-workshop will approach your life in a holistic manner incorporating your physical health with your emotional, mental & spiritual well-being! We will be identifying & healing at least one key pattern within your different bodies of consciousness . . . physical, mental, emotional & spiritual.

You will receive tools & techniques to assist your healing process & transform your life!

Saturday, 1/20, 10am-1pm, \$50 PLUS

Join us for an Amazon Herb Wellness & Spa Party

FREE, 2-4pm, Southfield MI

◆ **Amazon Herb Wellness & Spa Parties Commit to Your Health & Well-Being!**

Experience greater health, vitality, energy & relaxation.

Come & sample . . .

Liquidzons: A New way to consume our wild crafted herbs

Lluvia Skin Care Renewal System

Rainforest Treasure Tea & Pure Camu

Organic Dark Chocolate with Herbs

Call more dates & locations of the Spa Party nearest you or go to www.keenawah.amazonherb.net for more product information or to order online!

Register for All 3 January Workshops/Classes & Save \$20!



As founder and president of Keenawah & Associates, LLC, Amanda's mission is to assist individuals and organizations to heal, to be who and what they Truly are, and to create their fullest Diamond potential! Amanda is dedicated to serve as a catalyst and facilitator for healing and expansion. Her gifts and intuitive abilities access past lives and energy patterns that affect life decisions and manifestations. She specializes in the understanding and practice of spiritual principles, conscious language, and the co-creative process of energy. Amanda facilitates energy healing and is an inspirational teacher, speaker, and creator of *The Diamond Power Within™ Creative System*.