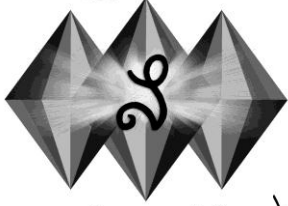


Keenawah



Co-Creative Spirits Merged As One

Connecting The Dots ····

Create & Live Your Diamond Life!

February/March 2007
Volume II Issue 2

AMANDA BUTLER - SPIRITUAL NAVIGATOR

Tel: 248.350.8997 Fax: 248.350.8993

Email: keenawah@comcast.net

INSIDE THIS ISSUE

- 1 Conscious Choice:
The Laws of Attraction,
Desire & Intention

The Seal of Approval:
From The Inside Out
- 2 Continue Conscious
Choice: The Laws
- 3 Continue The Seal of
Approval
- 4 Why Identifying Your Life
Mission is Important!
Classes & Workshops
PLUS Special Offers
Who is Amanda Butler?
Contact Information

*This Monthly Newsletter
Connecting The Dots ····
is committed to revealing
& sharing the secrets
& creative processes of the
Universe & how it offers you ways
to remember your True Self &
to fulfill your Highest potential
through the dots that connect
optimal well-being, health, wealth
& prosperity on all levels. It will
give you insights & practical tools
to expand your awareness,
consciousness & opportunities
to create the Diamond life
you desire!*

Conscious Choice: Bridging & Weaving the Physical & Spiritual Together

This Month's Column: The Laws of Attraction, Desire & Intention

As I began to look at this month's column and pondered which Universal law we were going to discuss, I thought it would be the Law of Attraction, especially with February being the month of love and March, the month of planting new seeds. But God had a different plan and I followed down the path I was led.

The Law of Attraction is a basic law of manifestation but there are others that feed into the energy of attraction. We must first lay a strong foundation of what it is that we want to attract and understand the energetics behind the creative process. Without this foundation, we will attract quite the opposite of what we want in our lives.

The primary and key element of a solid foundation is love. Otherwise it will be built on the quick sand of fear which has so many ways to undermine and convolute what we are attempting to achieve. When you think about and feel the energy of love, how would you describe it? Love can be defined as Living Only Vibrant Energy and the feeling of it can be described as warm, fuzzy and soft, joyous, fun and playful, inspirational, motivating, enthusiastic, energizing, just to name a few. Do you see and feel this in your life, with your Self, with relationships, with your work? Well if not Ollie, then we got some work to do and it's time to roll up our sleeves!

Please see Conscious Choice on Page 2

The Seal of Approval: From The Inside Out

How many feel that you 'fit in', or want to or have to 'fit in', in all aspects of your personal and professional life? Have you always wanted others to approve of who you are and what you do? Or, do you need the outside validation to feel that you are splendid or on the 'right' track? Do you need credentials or certificates to know that you are an expert or good at what you do? What is that seal of approval that you look for from your Self, God, and others?

Many of us look to the outside to validate our lives and even our existence. We want to ensure others understand us, accept us, and love us. We want to feel good about ourselves but we spend a lot of energy focused on making sure the outside looks good rather than concentrating on fostering that within us. We may evaluate our lives and existence by what others think of us and even if they love and accept us. However, the truth is many people do not know how to love, give love, and receive love free of conditions to themselves, let alone to others. It seems there can be some sort of string attached, an obligation/owing energetic,

Please see The Seal of Approval on Page 3

Continue Conscious Choice from Page 1: The Laws of Attraction, Desire & Intention

Let's go back to the Law of Attraction ... like attracts like, what you're thinking, saying, feeling, and doing creates your reality, what you focus upon manifests. When I work with clients I find most know what they don't want but they are not connected within themselves to know what they truly desire, let alone what their overall Life Mission is or what direction to take.

Thus comes the Law of Desire which is what one desires, one wills it to be. One can also expand that to tap into the Divine Will. Desire is the Divine Energy with Synchronized Intention of Reality Expressed. It is a feeling, not just a thought. And without the Law of Intention, desires cannot be manifested. Without desire, intentions cannot be fulfilled.

The Law of Intention provides the energy of thought, word, and action. The Laws of Desire and Intention create an energetic field and vibration of pure potentiality which has infinite organizing power and possibilities. However, intention not produced in alignment with the foundation of love and one's True Self will attract challenges, issues, lessons, and growth opportunities. Or in other words, the out of alignment will block your Self from creating what you really want in your life and your relationships.

It is important to look at the motivations behind your intentions. Are they based on 'shoulds', owing, personal agendas, ownership, or 'not enough' fears such as not enough love, money, work, etc, am I good enough, lack of worthiness, confidence, and self-esteem? Are you trying to prove something to your Self or others, pay back to family or society, or unaware of what your motivating factor is behind your intention?

So we go back to the point of exploring and discovering what is that you Truly desire. Do you know what kind of relationships you desire ... with God, your Self, a Beloved, your family, your co-workers, business partners, etc.? If not, then begin asking your Self what is your vision. Ask questions about what are the qualities you wish to be, share, and experience, what do they look and feel like, even including tangibles such as touch, taste, and smell. Make a list, create a vision board, paint your canvas.

Once you know your desires, it is time to set the intentions with 'right' order motivations behind them which are based on living only vibrant energy. If it does not bring you love, then why are you doing it? Why are you creating it? When you take the opportunity to consciously ask your Self the questions and observe what is in your life, you now have the power to change it. You can empower your Self by looking at the incongruent energies that may be subconsciously driving the bus... you being the bus, of course... and the manifestations that are appearing and how they're incongruent with the desires.

If underneath you do not feel worthy of love, then are you going to attract love? You may attract an individual who shows you that you believe you are not worthy of love i.e. abusive, not loving, honoring, or respectful. The situation and relationship shows you where you are incongruent within thoughts, words, feelings, and actions and the energetic patterns that create the paradigms and belief systems you create within. But if you resolve and heal the energy of your thinking, feeling, beliefs, and patterns of your unworthiness, then you will attract love and relationship you desire. Remember one of the first things to do is fall in love with your Self, and then others will follow.

To take this a step further, many lack direction in their life. They may have done all that

Please see Conscious Choice on Page 4

*Desire is the
Divine Energy with
Synchronized Intention
of Reality Expressed.*



*The Zen Angel
Energy Form provides you the
harmonious balance of being
connected with the Universe
and grounded here on earth
while offering the
synchronistic ebb and flow
of giving and receiving Love –
Living Only Vibrant Energy.*

*The Blue Diamond that
encapsulates it, radiates forth
the Divine Truth of who you
Truly Are & your expression
in all that you do.*

Continue From Page 1: The Seal of Approval – Deleting the Need for Outside Validation

or manipulation that is created due to personal agendas and fears. This occurs due to the pure lack of understanding and awareness of what their True underlying motivating factors are in what they think, say, feel, and do.

When we look to the outside for validation, we give away our power and our centeredness. We feel the validation proves we are loveable, valuable, and worthy. It can even lead to the point that we then believe that we are worthy to receive the abundance and prosperity of the Universe and that God loves us. We stand powerless in not recognizing and feeling the brilliance of who we Truly are.

We bring ‘stories’ into our lives to gather the evidence that we are or are not worthy of love and acceptance. We stand in the fear and illusion of the past rather than the Reality of the present. If we are living our lives based upon another’s belief system or dictation of our life (be it societal, cultural, familial, or genetic), then we dishonor our Truth and our expression. When we see ourselves through others’ eyes rather than our own, we continually try to figure out what will please them, how we can fit in, how we can be loved and accepted. We manipulate ourselves, them, society, the circumstances, and the energies ad attempt to fill ourselves up and/or to feel love and acceptance. If we could see ourselves through the eyes of God, we will see and know we are a Divine child and always loved.

The Truth is no one, nor no thing, can fill us, accept us, or love us. If we are trying to fill from the outside, in, then we are doing it from a place of fear and an energetic of lack. There will never be enough to fill us or validate us so we will feel loved, safe, and secure. We will feel inadequate, confused, and impotent if we do not come into centeredness within. This centeredness is the alignment and connection with our True essence and with Divine Source. about embracing, feeling, and knowing the love and power you hold. It is about releasing the judgments of what you feel or think that you are and are not. It is really coming into the discovery, awareness, and knowingness of your Diamond brilliance!

You can feel this in your body if you ask to become attuned to the energy flow and your feelings in any given moment. It is about being willing to step out of the denial that you are afraid or feel unworthy or just plain do not feel in control of your own life. You are the Master of your Reality. You are responsible for your co-creations. And you are accountable for what you create. Only you can change it and ultimately you cannot profess responsibility of what occurs in your life to no other than your Self. Leave blame and judgment of your Self or others aside and do not give it power over you. It cannot exist when you choose love to prevail in your life.

Others can guide you or give their opinion but it is you that ultimately decides for your Self. You do not require the seal of approval from others or, for that matter even from God, to live your life as you see fit. It is your life and you are a unique being. God will support you in whatever choices you make... self imposed restrictions of the box of fear and limitations or that of freedom living in love, compassion, passion, and joy!

In a Course of Miracles, it is written ... “Father, I ask for nothing but the truth. I have many foolish thoughts about myself and my creation, and brought a dream of fear into my mind. Today, I would not dream. I choose the way to You instead of madness and instead of fear. For Truth is safe, and only love is sure.” Choose today to live in the freedom of love ... Living Only Vibrant Energy ... and create your Diamond life through your brilliant Self!

*Heal the Past
to Be Present
in the Moment
& Consciously
Create the
Future!
Why Take
Time & Invest
in Your Self?
Because You're
Worth It!*

Ask How
You Can
Have
Optimum
Health &
Financial
Freedom
Potential at
the Same
Time With
Amazon Herbs



Continued From Page 2: Why Identifying Your Mission is Important – See Below Workshop to Assist You to Do So!

they thought they 'should' do such as with careers or family, but feel empty inside. They may have never looked at what is their overall Life Mission. Take time to sit with your Self in prayer, meditation, and exploration and healing processes so you can tap into the essence of who you Are and what you came to do. This is not to say what you doing now is not part of your Mission. Everything we do is part of it, but if you are feeling loss and do not know what to do next, it's time to bring to your consciousness your Mission. By understanding and feeling it, you will always know how to create from a foundation of love thus consciously creating your life.

You have the choice to choose consciously to utilize the Laws of Attraction, Desire, and Intention to reflect the Diamond brilliance of who you Truly are, what it is you desire, and your Life Mission. You can create your Diamond life which is love aligned with your God cell consciousness of all that you Are and all that you can create. It is truly the fulfillment of your dreams and Life Mission!

◆ **Create Your Vision Board & Manifest Your Dreams**

A mini-workshop to identify your Life Mission & 2007 vision, create your vision board & pathway to success in 2007! Some are returning to continue building upon what they have already discovered!

"The best, usable idea was assisting me to ask and feel, 'Is this direction going to help me manifest my 2007 current mission?' Loved the meditation to clear the past beliefs which holds us back!" – Ann, Herbalist, Davison MI

Sat, 3/24, 10am-1pm OR Mon, 4/23, 6:30-9:30pm, \$35

For More Information & To Register for Workshops Or Schedule Personal Energy Sessions, Readings or Mission & Vision Coaching (In-person or Via Telephone), Call 248.350.8997 or Email: keenawah@comcast.net www.keenawah.com Or www.stellargaia.org



Ask about the Spring Offer on Monthly Packages & How Sharing With Others Creates Savings! Order Today Your Healing Present & Past Life Energetics CD Limited Time Offer Only \$25 (Value \$150)!



Amanda Butler is the President of Keenawah & Associates, LLC and Founder of Stellar-Gaia Alliances. As a Spiritual Navigator, her mission is to spread the consciousness and vibration of love to others through healing the past, enlivening the spirit, and empowering the True Self. With her intuitive abilities and gifts, she can identify energy patterns, access past lives, and facilitate energy healings that affect life decisions and manifestations. She guides individuals and groups to realize their True essence and to create their Diamond Life through unique re-patterning and re-alignment processes and techniques. Amanda specializes in the understanding and practice of spiritual principles, conscious language, and the co-creative process of energy. She is an inspirational teacher, writer, speaker, mission and vision coach, and co-creator of *The Diamond Power Within™ Creative System*.

Give Your Self the Gift of Love, Inspiration, Understanding, Healing & Focus to Manifest the Life You Expect!

◆ **A Workshop To Re-Align Your Life . . . Experience Patterns Interrupt-A**

This mini-workshop will approach your life in a holistic manner incorporating your physical health with your emotional, mental, and spiritual well-being! We will be identifying and healing at least one key pattern within your different bodies of consciousness . . . physical, mental, emotional, and spiritual.

You will receive tools and techniques to assist your healing process and transform your life! Some are even repeating the workshop to go even deeper within their discovery and healing!

"It helps to better understand why we do the things we do and how we can break the patterns to create a better way of being."

– Karen, Business Analyst, Livonia MI

Sat, 3/3, 10am-1pm OR Wed, 4/25, 6:30-9:30pm, Only \$50

Sign up for Creating From Your Soul's Essence 3-Week Class Series One Week Prior & Receive (while quantities last) your Healing Present & Past Life Energetics CD as a Gift! (A \$150 Value! Includes Teachings & Past Life Regression Meditation)

◆ **Creating From Your Soul's Essence**

A 3-week teleconference class series to tap into the energy of your Soul's essence & realize the brilliance of who you Truly Are. Stop the critics that seem to be running the show & empower your Self to create consciously! Learn ways to discern your directions, be aware of paths in your life to take while maintaining focus & balance in all aspects of your life.

"This class was pivotal for me in understanding myself, my motivations behind my decisions and behavior, and how to effectively change them. The insights and clarity I gained assisted me in creating a more complete life filled with self love, acceptance, and compassion."

– Terrie, Graphic Artist, Jackson MI

Mondays, 3/5, 3/12 & 3/19, 7-8:30pm EST OR Wednesdays, 3/14, 3/28 & 4/11, 6:30-8pm EST, \$100

◆ **New Moon Teleconference – Complimentary!**

New moon meditation & setting intentions for the next 28-day cycle!

Sun, 3/18, 8-9pm EST OR Tues, 4/17, Noon-1pm EST
Call for Phone # & PIN Code, FREE

Have Fun by Sharing the Experience & Bring 2 Friends to a Workshop & You as Their Sponsor Pays only ½ Price for Your Registration! Register For All 3 Workshops & Classes in March/April, Save \$20!
All classes held in Southfield, MI or Via Telephone.