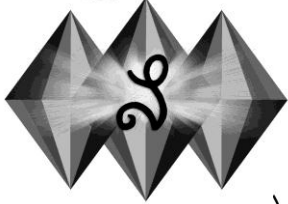


Keenawah



Co-Creative Spirits Merged As One

Connecting The Dots .-.-. Create & Live Your Diamond Life!

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The Conscious Choice Column

Bridging & Weaving the Physical & Spiritual Together

This Month – The Laws of Vibration & Success

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How many of you have felt that you have failed many times at what you set out to do? How many compare your success with others? How many base the criteria of success on someone else's standard, your bank account, or the types of relationships in your life? In other words, your success is measured by the outside not from the inside.

The Law of Success is truly about you and the integration of your True Self (or one could say Higher Self) and the God Force of the Universe. It is the ability to create from an energy of synthesizing simplicity and synchronicity which brings Love – *Living Only Vibrant Energy*. The simplicity is that of, less is more, because you allow Spirit to work through you. You don't have to work hard for the money so to speak; it's not about effort but that of flow. The flow is manifested through the synchronicity aspect which lines up energies within the Universe to physically accomplish something you have intended and put your focus upon.

Many look at success from a different perspective. Success is evaluated by sets of criteria i.e. what goals have you attained, how the results look, how much money you earn or have, how many awards you've obtained, etc. In doing so, the opposite is *failure* and there is survival and limitation energy attached to it. This energy is dense and foreboding as well as depressive and full of fearful energies like guilt, anger, resentment, should haves, separation, blame, victim, and so on. Many feel

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The Rising of The Phoenix: From Death to Rebirth!

Do you feel as though a shift has occurred . . . like a bear coming out of hibernation, yawning and stretching into a new venture and season . . . or even more, do you see your Self like a Phoenix rising out of the ashes of the old paradigms and energetics that you have dissolved and released of late?

It is a time and process of death and rebirth, of crucifixion and resurrection. The metaphysical definition of crucifixion is the giving up of the whole personality. Death is the result of the failure to recognize God as the source of wisdom and life. It is one who has lost sight of spiritual wisdom and sunk into the belief that God is separate or absent from humankind and the Universe. If you fail to recognize your relation with God and to Be-ing Love, you are virtually dying or dead.

“Resurrection is the raising of man's mind and body to spiritual consciousness. The resurrection is the lifting up of the whole man into Christ consciousness. The whole man is body, mind, spirit”, as defined by the Metaphysical Bible Dictionary. How many times must you crucify yourself before allowing the resurrection to

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*This Monthly Newsletter
Connecting The Dots .-.-.
is committed to revealing
& sharing the secrets*

*& creative processes of the
Universe & how it offers you ways
to remember your True Self &
to fulfill your Highest potential
through the dots that connect
optimal well-being, health, wealth
& prosperity on all levels. It will
give you insights & practical tools
to expand your awareness,
consciousness & opportunities
to create the Diamond life
you desire!*

Success is Self Unifying through Conscious Choice to Energize Simplicity and Synchronicity

Continue Conscious Choice from Page 1: The Laws of Vibration & Success

they have failed based on the goals and expectations of themselves and/or others.

However, from the perspective of this Universal Law, the opposite of success is *not yet*. Can you feel the difference in this energy? It is a continuation of looking at what are the steps, Divine timing and order, what possibly needs to be realigned, what more is being created in the etheric but not yet present in the physical. It has a moving forward and thriving energy and an understanding, belief, and faith that all is in perfection. It offers congratulations to your Self for the accomplishments along the way.

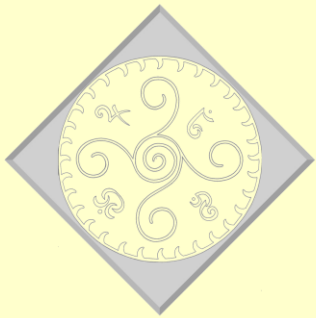
Success: Self Unifying through Conscious Choice to Energize Simplicity and Synchronicity in one's life! It is about you consciously co-creating through the connection you have within your Self and with the Universe. It is not about creating or living in the past or from the box of the 'old' you. The true meaning of insanity is doing the same thing, the same way, and expecting the result to be different.

Thus the Law of Vibration comes into play. As we know, everything is energy and it has a vibration that is always moving, it never rests. A vibration is composed of frequency and there are higher, lower frequencies. The words higher, lower and good, bad are used here to represent the qualities of the words, not as a judgment or a better than, less than value. Higher and good means less dense, a more rapid pace. For example, love has a vibration of expansiveness, freedom, and the frequency is faster, while fear is a denser vibration of constriction, bondage, and the frequency is slower.

The Law centers on what are your underlying motivations for what you do and create. If your intentions and desires are centered around love and sent out for good and service, then the vibration has a higher frequency and it magnetizes back to the origin (you), gifts of higher frequencies. If there are selfish reasons or underlying fears which are fueling your motivations (consciously or unconsciously), then the forces drawn back to you are vibrations are decreased in frequency levels and move into lower frequencies within your Self and your manifestations.

You can realize this if you are energized and inspired by something you're doing or individuals that surround you within all aspects of your life. If not, then what is out of integrity and alignment within your bodies of consciousness? This does not mean you have to purge everything or everyone; it might just be redefining and refining your desires cleaning up the past since you are no longer the person you once were and motivating factors have changed. This is part of the co-creative process and life's journey. Remember, nothing stays the same and vibrationally we are always moving. And it is a forward movement, you can't go back except to resolve and heal what no longer is or serves.

As you may have noticed, there is a symbol published with each newsletter. These are Universal Energy Forms composed of patterns of sacred geometry. Sacred geometry bridges science and spirituality by bringing nature and spirit together in all life forms. These are ever fluid and changing energies as they incorporate the geometry of original Creation (pure nature form) and spiritual consciousness. They activate human consciousness to a deeper sense of connection, understanding, Divine Truth, and co-creation. These come to you with a warning label . . . Attention! If you are attached to the past or want to control the result then do not use the forms! They bring to you that which is in your highest order and assist you in fulfilling your Divine plan. It's your conscious choice to realign with the True meaning of success!



This month's Spiral Energy Form offers you an opportunity to let go of the past and your pre-conceived notions of success. You do so by utilizing it as a tool to release what no longer serves you or what you desire to complete within you and with others. By working and meditating with it, you will observe or feel it as multi-dimensional, assisting on many levels and within all bodies of consciousness... physical, emotional, mental, and spiritual.

This Energy Form assists you in spiraling out the energies, patterns, and belief systems that are ready to be released by your intention of healing (including all that is conscious or unconscious). It will transmute the energy back to your original Divine Blueprint and re-pattern your cellular memory. It can also spiral back to you the energies of alignment with your True Self, intentions, desires, and Divine Will. With the use of the infinity breath too, there can be dynamic shifts, assimilation, and integration of the healings, new patterns and belief systems thus creating new behaviors, habits, relationships, and manifestations.

Continue From Page 1: The Rising of the Phoenix – Letting Your Self Down From Off the Cross

Let the story of Jesus Christ be your inspiration to surrender and allow for Love to be your guidance and answer.

In this time of renewal, you can come back into the remembrance of Love and who you Truly are, which is also the vibration of Love. It is in the changing of your perspective that one can experience life differently. It is in the allowing of the goodness that the Universe presents to you and your acceptance of the abundance and prosperity that is rightfully yours which assists you in spreading your wings like the bird that soars in the sky. But if you constantly choose to focus on what you do not have then you will get more of the same. Something must change to create your life differently.

You have the choice to shift from claiming to be a victim to that of being a Master of your life. Rather than from creating from a place of fear, shame, or guilt to being in a space of love, joy, and passion. From feelings of unworthiness and lack of self esteem to that of confidence, trust, faith, and belief in one's Self and God. When you do so, it seems you are like that of a Phoenix rising from the ashes. As you come out of the darkness into the light from whatever story or drama within your life, you can have a sense of shifting from the crucifixion to resurrection. We come out of the winter-long (or life-long) hibernation within Self into the wholistic renewal of body, mind, and spirit.

Living in the past and needing to control your life to feel safe, secure, love, and acceptance restricts the flow of energy within yourself and from the Universe. When you live in a paradigm of fear, you do not allow the Universe to deliver what it would like to bestow upon you. It is important that you heal the relationship within your Self first then with others. There is a Healing Relationships Meditation that is available to you – see next page. Repeat it as many times as you need to so you may empty your Self of the crucifixions and resurrect to your True Self!

A possible source of this fear, and the need to control your environment and those around you, can be the inner child. She/he has been wounded in some way, carries the pain, and allows it to dictate the creation of the present. The inner child has equated that $X=Y$ without the benefit that today, this moment, is different from than the past. What is the wounding, trauma, or pain that your inner child uses to make decisions? What does she/he deem as safety and security?

For the Phoenix to rise from the ashes, it's time to let go of the old and let the new inspire you to that which is Truly your Divine Self and what you came here to experience and do. It is the reclaiming of the innocence of the child that can lead us on this path. It is bringing back the sense of wonderment, magic, and awe. It is focusing on what we have, not what we do not have.

It is not about comparing ourselves with others, but honoring and respecting our uniqueness. It is being in the awareness and recognition of the synchronicity in your life. It is valuing the magic within you and around you. The innocence brings you back into a space to trust you are being guided to the Highest potential possible and that all is in 'Right' order. It is allowing the magic of alchemy to create the life you desire!

Heal the relationship between your Self and the inner child. Let her/him know that you are there, that you will love, nurture, honor, and respect her/his feelings and listen to her/his opinions. Bring back the innocence and play into your life so you can feel the freedom to

*Heal the Past
to Be Present
in the Moment
& Consciously
Create the
Future!
Why Take
Time & Invest
in Your Self?
Because You're
Worth It!*

Ask How
You Can
Have Optimum
Health & Financial
Freedom Potential
at the Same Time
With Amazon
Herbs
**Come see
Amazon John,
Founder & CEO
on Sunday,
May 6th, 1:30-
4:30pm at the
Detroit Zoo!**
He will share his
adventures, why
preserving the
Amazon is so
important & how
the Herbs can make
a difference for you
& the Rainforest!
You must pre-
register so call
248.350.8997!



Continued From Page 3: Rising From the Ashes & Tools to Assist You in Doing So!

soar once again. Feel the innocence of the child who knows not what she/he can or cannot create. Remember the story of the little train that could. *"I think I can, I think I can, I think I can! I know I can, I know I can, I know I can!"*

The innocence aligns the bodies of consciousness to know, feel, believe, and do all that is possible. It creates a congruency within so that your out-breath of manifestation creates what you focus upon. All you have to do is choose. As you claim your True Self, you rise from the bondage of the ashes of the old as a new Phoenix to create and live in the brilliance of your Diamond Self and the innocence of the child!

Tools to Assist You to Release & Heal the Past

Email keenawah@comcast.net to receive a written copy of *Healing the Relationship Within Your Self & Others Meditation* or order the *Healing Present & Past Life Energetics* CD for further assistance to understand energetic patterns and how to resolve them. This CD includes teachings about energy patterns, their effects on your life decisions and creations, why you attract what you do within your life and a Healing Present & Past Life Energetics Meditation so you can utilize it as a healing tool over and over when issues arise!

Limited Time Offer \$25 (Value \$150!)

For More Information & To Register for Workshops Or Schedule Personal Energy Re-Patterning, Re-Alignment & Re-Balancing Healing Sessions, Readings or Mission/Vision/Awareness Coaching In-person or Via Telephone.

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Give Your Self the Gift of Love, Inspiration, Understanding, Healing & Focus to Manifest the Life You Expect!

◆ **A Workshop To Re-Align Your Life . . . Experience Patterns Interrupt-A**

This mini-workshop will approach your life in a wholistic manner incorporating your physical health with your emotional, mental, and spiritual well-being! We will be identifying and healing at least one key pattern within your different bodies of consciousness . . . physical, mental, emotional, and spiritual. You will receive tools and techniques to assist your healing process and transform your life! *"It helps to better understand why we do the things we do and how we can break the patterns to create a fuller way of being."* – Karen, Business Analyst, Livonia MI

Sat, 5/12, 10am-1pm, \$50

◆ **Creating From Your Soul's Essence**

A 3-week teleconference class series to tap into the energy of your Soul's essence & realize the brilliance of who you Truly Are. Stop the critics that seem to be running the show & empower your Self to create consciously! Learn ways to discern your directions, be aware of paths in your life to take while maintaining focus & balance in all aspects of your life. *"This class was pivotal for me in understanding myself, my motivations behind my decisions and behavior, and how to effectively change them. The insights and clarity I gained assisted me in creating a more complete life filled with self love, acceptance, and compassion."*

– Terrie, Graphic Artist, Jackson MI

3-week Series - Wed, 5/9, 5/23 & 6/6, 6:30-8pm EST, \$100

◆ **Create Your Vision Board & Manifest Your Dreams**

A mini-workshop to identify your Life Mission & 2007 vision, create your vision board & pathway to success in 2007!

"The best, usable idea was assisting me to ask and feel, 'Is this direction going to help me manifest my 2007 current mission?' Loved the meditation to clear the past beliefs which holds us back!" – Ann, Herbalist, Davison MI

Sat, 5/5, 9am-Noon, \$35

◆ **The Diamond Power Meditation Series**

A wonder-filled & experiential 6-week class series that shows you how meditation can make a positive difference as you include it in your daily life! You learn how to use the power of meditation to create a brilliant Diamond life with unique meditations beginning with the basics & expanding into an exploration & redesign of your life & spiritual practice.

"Great! Very insightful and helpful to me in 'tuning in.'" Kim, Editor, Farmington
Mon, 5/7- 6/18 (no 5/28), 7-9pm, \$125 (\$95 if repeating class)

◆ **New Moon Meditation Teleconference – Free!**

Tues, 5/15, Noon-1pm EST, Call for Phone # & PIN Code



Amanda Butler is the President of Keenawah & Associates, LLC and Founder of Stellar-Gaia Alliances. As a Spiritual Navigator, her mission is to "Be" and spread the consciousness and vibration of love to others through healing the past, enlivening the spirit, and empowering the True Self. With her intuitive abilities and gifts, she can identify energy patterns, access past lives, and facilitate energy healings that affect life decisions and manifestations. She guides individuals and groups to realize their True essence and to create their Diamond Life through unique energetic healing, re-patterning, re-alignment, and balancing processes. Amanda specializes in the understanding and practice of Universal Laws and spiritual principles, conscious language, and the co-creative process of energy. She is an inspirational teacher, facilitator, coach, writer, speaker, and co-creator of *The Diamond Co-Creative System™*.